


July 2021

Chapel View Senior Living –Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Happy Birthday! Betty T.-7 th Phyllis Z.-20 th	Please sign up in the office for Treats , Crafts & Bus Trips All activities take place in the community room	1 10:00- Exercise 10:30- Bible Study w/ Chaplain Kristi 1:30-Discussion Group 3:00-Seated Yoga/Stretch	2 10:00- Exercise 10:45-Ch 68-Holy Yoga 1:30 –Popcorn & a Movie “And So It Goes”	3 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS!
4 Happy 4 th of July! 11:00-Ch 68-Catholic Mass 2:00–Ch 68-Worship- Protestant	5 10:00- Exercise (Peer Led)	6 10:00- Exercise 10:00-Ch 68- Hymn Sing 9:30-Bus Trip- Cub Foods 1:00-Bus Trip-The Prop Shop(Thrift Store) 1:30-Wii Bowling 3:00-Trivia	7 10:00- Exercise 10:00-Ch 68-Bible Study 10:30-Paint/ Color/Puzzles 1:30-Arm Chair Travel- Madagascar 3:00-Games & Cards	8 10:00- Exercise 10:30-Bible Study w/ Chaplain Kristi 1:30-Photo/Artifact Share 3:00-Seated Yoga/Stretch	9 9:15-Blood Pressure Clinic 10:00-Exercise 10:45-Ch 68-Holy Yoga 1:30 –Popcorn & a Movie “Titanic”	10 10:45 –Ch 68-Seated Stretch 11:15–Ch 68-NEWS!
11 11:00-Ch 68-Catholic Mass 2:00–Ch 68-Worship- Protestant	12 10:00- Exercise 1:30 – BINGO – 3:00-Monday Treat- Chocolate Pie	13 10:00- Exercise 10:00-Ch 68- Hymn Sing 9:30-Bus Trip- Driskill’s 11:45-Bus Trip-Lets Go Fishing 1:30-Wii Bowling 3:00-Trivia	14 10:00- Exercise 10:00-Ch 68-Bible Study 10:30- Paint/ Color/Puzzles 1:30-Documentary “Wyatt Earp” 3:00- July Social	15 10:00- Exercise 10:30- Bible Study w/ Chaplain Kristi 1:30-Discussion Group 3:00-Seated Yoga/Stretch	16 9:15-Podiatry Clinic 10:00- Exercise 10:30-All Resident Council Meeting(all are welcome) 10:45-Ch 68-Holy Yoga 1:30 –Popcorn & a Movie “Steel Magnolias”	17 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS!
18 11:00-Ch 68-Catholic Mass 2:00–Ch 68-Worship- Protestant	19 10:00- Exercise 1:30 – BINGO – 3:00- Craft-Beaded Sun Catchers	20 10:00- Exercise 10:00-Ch 68- Hymn Sing 9:30-Bus Trip-Cub Foods 1:00-Scenic Drive 1:30– Wii Bowling 3:00-Trivia	21 10:00- Exercise 10:00-Ch 68-Bible Study 10:30-Paint/ Color/ Puzzles 2:00- Birthday Party! (in community room)	22 10:00- Exercise 10:30- Bible Study w/ Chaplain Kristi 1:30-Photo/Artifact Share 3:00-Seated Yoga/Stretch	23 10:00- Exercise 10:45-Ch 68-Holy Yoga 1:30-Popcorn & a Movie “Chicago”	24 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS!
25 11:00-Ch 68-Catholic Mass 2:00–Ch 68-Worship- Protestant	26 10:00- Exercise 1:30 – BINGO– 3:00- Monday Treat- Banana Cream Pie Bar	27 10:00- Exercise 10:00-Ch 68- Hymn Sing 9:30-Bus Trip- Target 1:00-Bus Trip-Target 1:30-Wii Bowling 3:00-Trivia 4:45-Pizza Party!	28 10:00- Exercise 10:00-Ch 68-Bible Study 10:30-Paint/ Color/ Puzzles 1:30-Arm Chair Travel- Poland 3:00- Games & Cards	29 10:00- Exercise 10:30- Bible Study w/ Chaplain Kristi 1:30-Discussion Group 3:00-Seated Yoga/Stretch	30 10:00- Exercise 10:45-Ch 68-Holy Yoga 1:30-Popcorn & a Movie “The DaVinci Code”	31 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS!

