




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KEY TO LOCATIONS A =ACTIVITY AREA C =CHAPEL (main) 1 = FIRST FLOOR 2 = SECOND FLOOR 68=CHANNEL 68 MDR=MAIN DINING ROOM 1 DR=1 ST FLOOR DINING ROOM						
	1	2	3	4	5	6
	10:00 Manicures & Music-A 11:00 Morning Stretch- A 11:20 The 411-A 2:00 Bingo -A 3:30 Piano w/ Maureen-1 4:00 21 Questions-1 5:45 Sensory Activity-1	10:00 Hymn Sing-68/C 11:00 Men's Group-C 11:00 Rise and Shine-A 11:20 News Update-A 2:00 Long Word 3:45 Oodles-1	10:00 Worship w/ Gethsemane Luth.- 68/C 10:45 Noodle'robics-A 11:15 In the Know-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45 What Goes In Here?-1	9:30 Reminisce-1 10:45 Morning Moves-A 11:15 Star Tribune-A 2:00 Resident Council & Food Committee-A 3:45 Catchphrase-1 5:45 Sippin Cider-1	9:30 Soup for the Soul- 1 10:00 Grief & Transition-C 10:30 AM News-A 11:00 Christ Centered Yoga - C 2:00 Happy Hour-A 3:45 Scruples-1	10:45 Use Your Noodle -A 11:15 Star Tribune- A 2:00 Popcorn and a Movie- 68
7	8	9	10	11	12	13
11:00 Catholic Worship-68 2:00 Worship w/ Chapel View - C/68 3:30 Piano w/ Jane-1	9:30 Weekend Update-1 10:45 Move it or Lose it- A 11:15 Star Tribune-A 2:00 Bingo -A 3:30 Piano w/ Maureen-1 4:00 Heads Up-1	10:00 Hymn Sing-68/C 11:00 Men's Group-C 11:00 Seated Stretch-A 11:20 AM Update-A 2:00 Jeopardy-A 3:45 You Be the Judge-1 5:45 Parler Francais -1	10:00 Worship w/ Chapel View- 68/C 10:45 Move it or Lose it-A 11:15 Star Tribune-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45 Fall Comforts-1	Veteran's Day 11 9:30 Remember When?-1 10:45 Up & At'em- A 11:15 Sunny Skyz News-A 2:00 Veteran's Day Music w/ Scott B. -A 3:45 All American Trivia-1 5:45 Story Share-1	9:30 Guideposts- 1 10:00 Grief & Transition-C 10:30 Daily News-A 11:00 Christ Centered Yoga - C 2:00 Bowling for Bucks-A 3:45 Things That Go Together- 1	10:45 Mind and Body Exercise- A 11:15 Sunny Skyz News -A 2:00 Popcorn and a Movie -68
14	15	16	17	18	19	20
11:00 Catholic Worship -68 2:00 Worship w/ Zion Lutheran- 68/C	10:00 Manicures & Music-A 11:00 Move Your Body - A 11:20 World News-A 2:00 Bingo -A 3:30 Piano w/ Maureen-1 4:00 Word ladder-1 5:45 Joke telling-1	10:00 Hymn Sing-68/C 11:00 Men's Group-C 11:00 Rise and Shine-A 11:20 News Update-A 2:00 Card Creations-A 3:00 Sunshine Committee-C 3:45 Travel Club-1	10:00 Worship w/ Mills Church-68/C 10:45 Forever Fit- A 11:15 Star Tribune-A 1:00 Rosary-68 2:00 Bingo-A 3:45 Headbandz -1 5:45 Color & Music -1	9:30 Dream Book-1 10:15 Mindful Meditation-C 10:45 Use Your Noodle- A 11:15 Morning Update-A 2:00 Chapel View 500-A 3:45 Heads Up-1 5:45 Spill the Tea-1	9:30 Thanksgiving Favorites 10:00 Grief & Transition-C 10:30 AM News-A 11:00 Christ Centered Yoga - C 2:00 Exotic Treats-A 3:45 Scattegories-1	10:45 Rise and Shine-A 11:15 In the Know-A 2:00 Popcorn and a Movie -68
21	22	23	24	25	26	27
11:00 Catholic Worship -68 2:00 Worship w/ Chapel View- 68/C	10:00 Muffin Monday-A 10:45 News Update-A 11:15 Forever Fit-A 2:00 Bingo -A 3:30 Piano w/ Maureen-1 4:00 Mad Gabs-1 5:45 Word Scramble-1	10:00 Hymn Sing-68/C 11:00 Men's Group-C 11:00 Seated Stretch-A 11:20 AM Update-A 2:00 Turkey Bowling-A 3:45 Word Ladder-1 5:45Dinner Music w/Jane-1	10:00 Worship w/ Chapel View- 68/C 10:45 Move Your Body- A 11:15 Morning News-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45 Memory Game-1	 <p>Happy Thanksgiving Activities continue 11/26</p>	9:30 Thanksgiving Update 10:00 Grief & Transition-C 10:30 Daily News-A 11:00 Christ Centered Yoga - C 2:00 Wine and Canvas-A 3:45 Life stories-1	10:45 Seated Stretch-A 11:15 News Update-A 2:00 Popcorn and a Movie -68
28	29	30				
11:00 Catholic Worship-68 2:00 Worship w/ Chapel View- 68/C	10:00 Manicures & Music-A 10:45 Move it or Lose it- A 11:15 Star Tribune-A 2:00 Bingo -A 3:30 Piano w/ Maureen-1 4:00 Scattegories-1 5:45 Charades-1	10:00 Hymn Sing-68/C 11:00 Men's Group-C 11:00 Noodle'robics-A 11:20 News Update-A 2:00 The Silver Notes Performance-A 3:45 Famous Composers-1	 <p>Pray The Rosary every Wednesday on channel 68</p>		1pm Relaxation Hour on channel 68 Every day except Wednesday	**Activities and/or locations are subject to change** See white boards for updated activities

