


January 2022

Chapel View Senior Living –Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Happy Birthday! Michael G.-2 nd Betty F.-3 rd Willy L.5 th Ramona N.-11 th	Happy Birthday! Lori U.-14 th Gary A.- 19 th Larry G-31 st	Join us any time in the lobby/lounges for socialization activities with your neighbors!	Please sign up in the office for Treats, Crafts, and Bus Trips All activities take place in Bay 2/Community Room	1 10:00-Body Warm Up(Peer Led) 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS! 6:00-Saturday Chat w/ Neighbors
2 11:00-Ch 68-Catholic Mass 2:00-Worship in the Chapel	3 10:00-Body Warm Up 1:30-BINGO 3:00-Monday Treat-Haystack Cookies	4 9:30-Bus Trip-Wal Mart 10:00- Body Warm Up 10:00-Ch 68- Hymn Sing 1:00-Bus Trip-Dollar Tree 1:30-Wii Bowling 3:00-Trivia	5 10:00- Body Warm Up 10:00-Ch 68-Bible Study 10:30-Paint/ Color/Puzzles 1:30-Documentary-“The Men Who Built America” 3:00-January Social 4:00-Knitting w/ Nurse Sarah	6 10:00-Body Warm Up 10:30-Bible Study w/ Chaplain Kristi 1:30-Air Hockey 3:00-3 rd Floor Discussion Group	7 Daisy Day! 10:00-Body Warm Up 10:45- Holy Yoga in the Chapel 1:30 –Popcorn & a Movie “Little Women”	8 10:00-Body Warm Up(Peer Led) 10:45 –Ch 68-Seated Stretch 11:15–Ch 68-NEWS! 6:00-Saturday Chat w/ Neighbors
9 11:00-Ch 68-Catholic Mass 2:00-Worship in the Chapel	10 10:00-Body Warm Up 1:30-BINGO 3:00-Craft-Snow Globes	11 9:30-Bus Trip-Driskill’s 10:00-Body Warm Up 10:00-Ch 68- Hymn Sing 1:00-Bus Trip-Half Price Books 1:30-Wii Bowling 3:00-Trivia	12 10:00-Body Warm Up 10:00-Ch 68-Bible Study 10:30- Paint/ Color/Puzzles 1:30- Arm Chair Travel-Bulgaria/Romania 3:00-Photo/Artifact Share	13 10:00-Body Warm Up 10:30- Bible Study w/ Chaplain Kristi 1:30-Air Hockey 3:00- 3 rd Floor Discussion Group	14 9:15-Blood Pressure Clinic 10:00-Body Warm Up 10:30-Resident Meeting(all are welcome) 10:45- Holy Yoga in the Chapel 1:30-Popcorn & a Movie “The Magic of Belle Isle”	15 10:00-Body Warm Up(Peer Led) 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS! 6:00-Saturday Chat w/ Neighbors
16 11:00-Ch 68-Catholic Mass 2:00-Worship in the Chapel	17 10:00-Body Warm Up 10:30-Koffe Klatch on 3 rd Floor 1:30-BINGO 3:00- Monday Treat-Strawberry Cheesecake Bites	18 9:30-Bus Trip-Target 10:00-Body Warm Up 10:00-Ch 68- Hymn Sing 12:30-Bus Trip-Snuffys 1:30– Wii Bowling 3:00-Trivia	19 10:00-Body Warm Up 10:00-Ch 68-Bible Study 10:30-Paint/ Color/ Puzzles 1:30-Documentary “Forgotten Ellis Island” 3:00-Podcast and Tea/Cocoa	20 10:00-Body Warm Up 10:30- Bible Study w/ Chaplain Kristi 1:30-Air Hockey 3:00- 3 rd Floor Discussion Group	21 Daisy Day! 10:00-Body Warm Up 10:45- Holy Yoga in the Chapel 1:30-Popcorn & a Movie “The Burbs”	22 10:00-Body Warm Up(Peer Led) 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS! 6:00-Saturday Chat w/ Neighbors
23/30 11:00-Ch 68-Catholic Mass 2:00-Worship in the Chapel	24 10:00-Body Warm Up 1:30-BINGO 3:00- Craft-Center Pieces 31 10:00-Body Warm Up 1:30-BINGO 3:00-Monday Treat-Pineapple Fluff	25 9:30-Bus Trip-Cub Foods 10:00-Body Warm Up 10:00-Ch 68- Hymn Sing 1:00-Bus Trip-Thrift Store 1:30-Wii Bowling 3:00-Trivia 4:45-Pizza Party!	26 10:00-Body Warm Up 10:00-Ch 68-Bible Study 10:30-Paint/ Color/ Puzzles 1:30-Arm Chair Travel-Cambodia and Vietnam	27 10:00-Body Warm Up 10:30- Bible Study w/ Chaplain Kristi 1:30-Air Hockey 3:00- 3 rd Floor Discussion Group	28 Daisy Day! 10:00-Body Warm Up 10:45- Holy Yoga in the Chapel 2:00-Birthday Party w/ live music! 4:00-Fourth Friday Swap!	29 10:00-Body Warm Up(Peer Led) 10:45–Ch 68-Seated Stretch 11:15–Ch 68-NEWS! 6:00-Saturday Chat w/ Neighbors

