



January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>30</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship with Chapel View- C/68</p>	<p>31</p> <p>9:30 Guidepost-1</p> <p>10:45 Morning Moves-A</p> <p>11:15 News Update-A</p> <p>2:00 BINGO-A</p> <p>3:30 Piano Music-1</p> <p>4:00 Trivial Pursuit-1</p> <p>5:45 Riddles-1</p>		<p>**Activities and/or locations are subject to change**</p> <p>See white boards for updated activities</p>	<p>KEY TO LOCATIONS</p> <p>A =ACTIVITY AREA</p> <p>C =CHAPEL (main)</p> <p>1 = FIRST FLOOR</p> <p>2 = SECOND FLOOR</p> <p>68=CHANNEL 68 ON TV</p> <p>MDR=MAIN DINING ROOM</p>		<p>1</p>  <p>Activities cont. 1/2/22</p>
<p>2</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship with Chapel View- C/68</p>	<p>3</p> <p>9:30 Weekend Update-1</p> <p>10:45 Mind and Body Exercise-A</p> <p>11:15 Star Tribune Update-A</p> <p>2:00 BINGO -A</p> <p>3:45 Are You Smarter Than a Box of Rocks?-1</p>	<p>4</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-A</p> <p>11:00 Seated Stretch-A</p> <p>11:15 Current Events-A</p> <p>2:00 America Says-A</p> <p>3:30 Judge and Jury-1</p> <p>5:45 Tongue Twisters -1</p>	<p>5</p> <p>10:00 Worship w/ Gethsemane Luth. - 68/C</p> <p>10:45 AM Moves -A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Tunes-1</p> <p>5:45 Vision Board 2022-1</p>	<p>6</p> <p>9:30 What's New?-1</p> <p>10:45 Morning Exercise-A</p> <p>11:15 Sunny Skyz News-A</p> <p>2:00 Resident Council-C</p> <p>3:45 Travel Club-1</p> <p>5:45 New Year New You-1</p>	<p>7</p> <p>9:30 Morning Catchup-1</p> <p>10:00 Catholic Communion-C</p> <p>10:30 News Update-A</p> <p>11:00 Christ Centered Yoga-C</p> <p>2:00 Let's Get Baking -A</p> <p>3:45 Tough Trivia-1</p>	<p>8</p> <p>10:45 Seated Stretch-A</p> <p>11:15 What's New?-A</p> <p>2:00 Popcorn and a Movie-1/68</p>
<p>9</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship with Zion Lutheran- C/68</p> <p>3:30 Piano w/ Jane-1</p>	<p>10</p> <p>9:30 Soup for the Soul-1</p> <p>10:00 Manicures & Music-A</p> <p>11:15 Morning News-A</p> <p>2:00 BINGO-A</p> <p>3:30 Piano Music-1</p> <p>4:00 Scruples-1</p> <p>5:45 Fortune Telling-1</p>	<p>11</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-A</p> <p>11:00 Forever Fit-A</p> <p>11:15 AM News-A</p> <p>2:00 Wine and Canvas-A</p> <p>3:30 Taboo-1</p>	<p>12</p> <p>10:00 Worship w/ Chapel View- 68/C</p> <p>10:45 AM Moves -A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Tunes-1</p> <p>5:45 Color & Music-1</p>	<p>13</p> <p>9:30 Do You Remember?-1</p> <p>10:45 Up & At'em-A</p> <p>11:15 What's New?-A</p> <p>2:00 Jeopardy-A</p> <p>3:45 Hit or Miss-1</p> <p>5:45 Spill the Tea-1</p>	<p>14</p> <p>9:30 Dream Book-1</p> <p>10:00 Grief & Transition -C</p> <p>10:30 News Update-A</p> <p>11:00 Christ Centered Yoga-C</p> <p>2:00 Music w/ Jeff B.-A</p> <p>3:45 Trivial Pursuit-1</p>	<p>15</p> <p>10:45 Noodle'robics-A</p> <p>11:15 Star Tribune-A</p> <p>2:00 Popcorn and a Movie -1/68</p>
<p>16</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship with Chapel View - C</p>	<p>17</p> <p>9:30 Dream Book-1</p> <p>10:45 Noodle'robics-A</p> <p>11:15 News Update-A</p> <p>2:00 BINGO-A</p> <p>3:30 Piano Music-1</p> <p>4:00 Remember When-1</p> <p>5:45 Chicken Soup for the Soul-1</p>	<p>18</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-A</p> <p>11:00 Seated Stretch-A</p> <p>11:15 Current Events-A</p> <p>2:00 Long Word, Short Word-A</p> <p>3:30 Catchphrase-1</p>	<p>19</p> <p>10:00 Worsh. w/ Aldersgate United Methodist- 68/C</p> <p>10:45 AM Moves -A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Tunes-1</p> <p>5:45 Hangman-1</p>	<p>20</p> <p>9:30 Soup for the Soul-1</p> <p>10:15 Mindful Meditation-C</p> <p>10:45 Morning Exercise-A</p> <p>11:15 Morning News-A</p> <p>2:00 Hot Cocoa Social-A</p> <p>3:45 LOGO Trivia-1</p> <p>5:45 Music Favorites-1</p>	<p>21</p> <p>9:30 Weekend Plans?-1</p> <p>10:00 Grief & Transition -C</p> <p>10:30 News Update-A</p> <p>11:00 Christ Centered Yoga-C</p> <p>2:00 Community Crossword -A</p> <p>3:45 Name that Tune-1</p>	<p>22</p> <p>10:45 Rise & Shine-A</p> <p>11:15 Current Events-A</p> <p>2:00 Popcorn and a Movie -1/68</p>
<p>23</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship with Spirit of Christ Lutheran- C</p>	<p>24</p> <p>9:30 Guidepost-1</p> <p>10:00 Manicures & Music-A</p> <p>11:15 Morning News-A</p> <p>2:00 BINGO-A</p> <p>3:30 Piano Music-1</p> <p>5:45 Mystery Short Stories-1</p>	<p>25</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-A</p> <p>11:00 Forever Fit-A</p> <p>11:15 AM News-A</p> <p>2:00 Winter Craft -A</p> <p>3:30 My Two Cents-1</p> <p>5:45 Dinner Music w/ Jane-1</p>	<p>26</p> <p>10:00 Worship w/ Chapel View - 68/C</p> <p>10:45 AM Moves -A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Tunes-1</p> <p>5:45 Monthly Chats-1</p>	<p>27</p> <p>9:30 Morning Update-1</p> <p>10:45 Up & At'em-A</p> <p>11:15 What's New?-A</p> <p>2:00 Card Creations-A</p> <p>3:45 Headbandz-1</p> <p>5:45 If Book Questions-1</p>	<p>28</p> <p>9:30 Reminisce Mag-1</p> <p>10:00 Grief & Transition -C</p> <p>10:30 News Update-A</p> <p>11:00 Christ Centered Yoga-C</p> <p>2:00 Battle of the Sexes -A</p> <p>3:45 My Story-1</p>	<p>29</p> <p>10:45 Use Your Noodle -A</p> <p>11:15 Morning News-A</p> <p>2:00 Popcorn and a Movie -1/68</p>