

# November 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>KEY TO LOCATIONS</b> A =ACTIVITY AREA C =CHAPEL (main) 1 = FIRST FLOOR 2 = SECOND FLOOR 68=CHANNEL 68 ON TV 1DR=1 <sup>ST</sup> FLOOR DINING ROOMS		1 10:00 Hymn Sing-C/68 11:00 Men's Group-C 11:00 Quick Sweat-A 11:20 Clever Endeavor-A 2:00 LongWord ShortWord-A 3:15 Java Time-C 3:45 Catchphrase-1	2 10:00 Worship- 68/C 10:45 AM Moves-A 11:15 News Update-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45Card Games w/Jessie-1	3 10:00 Breathing &Relaxation-C 10:45 Java Club 1-C 10:45 Use Your Noodle-A 11:15 Anybody's Guess-A 2:00 Resident Council -C 3:00 Java Club 2-C 3:45 Garden Club-A 5:45 Spill the Tea -1	4 10:00 Catholic Communion 10:30 Forever Fit-A 11:15 In the Know-A 2:00 Battle of the Sexes-A 3:45 60's Time Machine-1	5 10:45 Seated Stretch-A 11:15 Star Tribune-A 2:00 Popcorn and a Movie -68
6 11:00 Catholic Worship -68 2:00 Worship w/ Spirit of Christ-68/C 3:30 Trivia w/ Alex-1	7 10:00 Manicures & Coffee -A 10:30 Forever Fit-C 2:00 BINGO-A 3:30 Java Mentors-C 3:45 Harmonica w/ Art-1 4:00 Scattegories-1	8 10:00 Hymn Sing-C/68 11:00 Men's Group-C 11:00 Quick Sweat-A 11:20 News Update-A 2:00 Jeopardy-A 3:45 Headbandz-1	9 10:00 Worship- 68/C 10:45 Balloon Volleyball-A 11:15DictionaryDefinitions-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45 Fall Word Scramble-1	10 10:45 Java Club 1-C 10:45 Trivia Exercise-A 11:15 Good News-A 1:30 Life Celebration-A 3:00 Java Club 2-C 3:45 Amazing Women -1 5:45 Hot Cocoa Chats -1	11 10:30 In the Know-C 11:00 Christ Centered Yoga-C 2:00 Res. Birthday Social w/ Mary F.-A 3:45 Trivial Pursuit-1	12 10:45 Saturday Sweat-A 11:15 Star Tribune -A 2:00 Popcorn and a Movie-68
13 11:00 Catholic Worship -68 2:00 Worship w/ Chapel View-68/C 3:30 Piano w/ Jane -1	14 10:30 Forever Fit-A 11:15 Weekend Update-A 2:00 BINGO-A 3:30 Java Mentors-C 3:45 Karaoke Sing-a-long -1	15 10:00 Hymn Sing-C/68 11:00 Men's Group-C 11:00 Quick Sweat-A 11:20 You Be the Judge-A 2:00 Card Creations-A 3:15 Java Time-C 3:45 Trivia Pairs-1	16 10:00 Worship- 68/C 10:45 Table Tennis-A 11:15SunshineCommittee-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45 Hot Tea w/ Jessie-1	17 10:00 Breathing & Relaxation-C 10:45 Java Club 1-C 10:45 Use it or Lose it-A 11:15 Riddle Me This-A 2:00 Jams w/ Lowell &Eric-A 3:00 Java Club 2-C 3:45 Travel Club-1 5:45 Jenga Questions -1	18 10:00 Dessert Creations-A 11:00 Christ Centered Yoga-C 2:00 Happy Hour-A 3:30 The Best of Johnny Carson -1	19 10:45 Balloon Volleyball-A 11:15 Sunny Skyz News -A 2:00 Popcorn and a Movie-68
20 11:00 Catholic Worship -68 2:00 Worship w/ Chapel View-68/C 3:30 Trivia w/ Alex -1	21 10:00 Manicures & Coffee -A 10:30 Forever Fit-C 2:00 BINGO-A 3:30 Java Mentors-C 3:45 Harmonica w/ Art-1 4:00 My Story-1	22 10:00 Hymn Sing-C/68 11:00 Men's Group-C 11:00 Quick Sweat-A 11:20 Would You Rather-A 2:00 Music w/ Ross-A 3:15 Java Time-C 3:30 Garden Club-A 5:45 Dinner Music w/ Jane-1	23 10:00 Worship- 68/C 10:45 Meat Sweats-A 11:15 Gratitude Attitude-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45 Thanksgiving Reminsice-1	24  Activities continue 11/25	25 10:30 Forever Fit-A 11:15 In the Know-A 2:00 Gone with the Wind (Part 1)-68/1 4:00 Box of Rocks Trivia-1	26 10:45 Mind and Body Exercise-A 11:15 Star Tribune-A 2:00 Popcorn and a Movie- 68 Gone with the Wind
27 11:00 Catholic Worship -68 2:00 Worship w/ Chapel View-68/C 3:30 Trivia w/ Alex-1	28 10:30 Forever Fit-A 11:15 Weekend Update-A 2:00 BINGO-A 3:30 Java Mentors-C 3:45 Anybody's Guess-1	29 10:00 Hymn Sing-C/68 11:00 Men's Group-C 11:00 Seated Stretch-1 11:20 Current Events-1 2:00 Chain Reaction-A 3:15 Java Time-C 3:45 Unlikely Combos -1	30 10:00 Worship- 68/C 10:45 Noodle'robics-A 11:15 Tricky Trivia-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 5:45 Solve the Riddles-1	Piano Tunes Every Thursday at 2:30p on 2 <sup>nd</sup> floor 	**Activities and/or locations are subject to change**  See white boards for updated activities	

