




| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|---|--|--|
| <p>1</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Online Worship Service- 68</p>  | <p>2</p> <p>10:00 Manicures & Coffee-A</p> <p>10:00 Cello Performance-C</p> <p>2:00 Bingo-A</p> <p>3:45 Headbandz-1</p> | <p>3</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-C</p> <p>11:00 Morning Moves-A</p> <p>11:20 Star Tribune-A</p> <p>2:00 New Year, Old Tunes-A</p> <p>3:45 Scattegories-1</p> | <p>4</p> <p>10:00 Worship w/ CV-68/C</p> <p>10:45 Use Your Noodle-A</p> <p>11:15 Trivial Pursuit -A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Music -1</p> <p>5:45 Spill the Tea-1</p> | <p>5</p> <p>10:45 Move Your Body-A</p> <p>10:45 Java Club 1-C</p> <p>11:15 AM News -A</p> <p>2:00 Resident Council-A</p> <p>3:15 Java Club 2-C</p> <p>3:45 Pictionary-1</p> <p>5:45 Jenga Questions-1</p> | <p>6</p> <p>10:00 Catholic Communion</p> <p>10:30 Forever Fit-C</p> <p>11:15 Current Events-C</p> <p>2:00 Finish That Phrase-A</p> <p>3:45 Sonny and Cher Comedy Hour-1/68</p> | <p>7</p> <p>10:45 Mind and Body Exercise-A</p> <p>11:15 Positive News-A</p> <p>2:00 Popcorn and a Movie -68/1</p> |
| <p>8</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship w/ Chapel View -C/68</p> <p>3:30 Trivia w/ Alex-1</p> | <p>9</p> <p>10:30 Forever Fit-C</p> <p>11:15 Current Events-C</p> <p>2:00 Bingo-A</p> <p>3:30 Java Mentors-C</p> <p>3:45 Anybody's Guess-1</p> | <p>10</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-C</p> <p>11:00 Morning Moves-A</p> <p>11:20 Star Tribune-A</p> <p>2:00 Group Boggle-A</p> <p>3:15 Java Time-C</p> <p>3:45 Story Share -1</p> | <p>11</p> <p>10:00 Worship w/ CV-68/C</p> <p>10:45 Seated Sweat-A</p> <p>11:15 AM News-A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Music -1</p> <p>5:45 Word Scramble -1</p> | <p>12</p> <p>10:00 Breathing&Relaxation-C</p> <p>10:45 Bean Bag Exercise -A</p> <p>10:45 Java Club 1-C</p> <p>11:15 Brain Boosters-A</p> <p>2:00 Life Celebration -A</p> <p>3:15 Java Club 2-C</p> <p>3:45 Travel Club-1</p> <p>5:45 If Book Questions-1</p> | <p>13</p> <p>10:30 Forever Fit-C</p> <p>11:15 Current Events-C</p> <p>2:00 Long Word, Short Word-A</p> <p>3:45 Tricky Trivia-1</p> | <p>14</p> <p>10:45 Seated Stretch-A</p> <p>11:15 News Update-A</p> <p>2:00 Popcorn and a Movie -68/1</p> |
| <p>15</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship w/ Chapel View -C/68</p> <p>3:30 Piano w/ Jane-1</p> | <p>16</p> <p>10:00 Manicures & Coffee-A</p> <p>10:30 Forever Fit-C</p> <p>2:00 Bingo-A</p> <p>3:30 Java Mentors-C</p> <p>3:45 Clever Endeavor-1</p> | <p>17</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-C</p> <p>11:00 Morning Moves-A</p> <p>11:20 Star Tribune-A</p> <p>2:00 Box of Rocks-A</p> <p>3:15 Java Time-C</p> <p>3:45 Pictionary -1</p> | <p>18</p> <p>10:00 Worship w/ CV-68/C</p> <p>10:45 Use Your Noodle-A</p> <p>11:15 Sunshine Committee-A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Music -1</p> <p>5:45 Chats w/ Jessie-1</p> | <p>19</p> <p>10:00 Breathing&Relaxation-C</p> <p>10:45 Use it or Lose it-A</p> <p>10:45 Java Club 1-C</p> <p>11:15 Brain Benders-A</p> <p>2:00 Wine and Canvas-A</p> <p>3:15 Java Club 2-C</p> <p>3:45 Scruples-1</p> <p>5:45 Gather Around-1</p> | <p>20</p> <p>10:30 Forever Fit-C</p> <p>11:15 Positive News-C</p> <p>2:00 Resident Birthday Social w/ Bill M. -A</p> <p>3:45 Trivial Pursuit-1</p> | <p>21</p> <p>10:45 Morning Exercise-A</p> <p>11:15 Star Tribune-A</p> <p>2:00 Popcorn and a Movie -68/1</p> |
| <p>22</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship w/ Chapel View-C/68</p> <p>3:30 Trivia w/ Alex-1</p> | <p>23</p> <p>10:30 Forever Fit-C</p> <p>11:15 Current Events-C</p> <p>2:00 Bingo-A</p> <p>3:30 Java Mentors-C</p> <p>3:45 Words of Wisdom-1</p> | <p>24</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-C</p> <p>11:00 Morning Moves-A</p> <p>11:20 Star Tribune-A</p> <p>2:00 Bowling for Bucks-A</p> <p>3:15 Java Time-C</p> <p>3:45 Would You Rather-1</p> <p>5:45 Dinner Music w/ Jane-1</p> | <p>25</p> <p>10:00 Worship w/ CV-68/C</p> <p>10:45 Seated Sweat-A</p> <p>11:15 AM News-A</p> <p>1:00 Rosary-68</p> <p>2:00 Bingo-A</p> <p>3:30 Piano Music -1</p> | <p>26</p> <p>10:00 Breathing&Relaxation-C</p> <p>10:45 Seated Stretch -A</p> <p>10:45 Java Club 1-C</p> <p>11:15 Good News-A</p> <p>2:00 Jams w/ Lowell&Eric-A</p> <p>3:15 Java Club 2-C</p> <p>3:45 If Book Questions-1</p> <p>5:45 You Be the Judge-1</p> | <p>27</p> <p>10:30 Forever Fit-C</p> <p>11:15 Current Events-C</p> <p>2:00 Community Crossword-A</p> <p>3:45 My Story-1</p> | <p>28</p> <p>10:45 Forever Fit-A</p> <p>11:15 News Update-A</p> <p>2:00 Popcorn and a Movie -68/1</p> |
| <p>29</p> <p>11:00 Catholic Worship-68</p> <p>2:00 Worship w/ Chapel View -C/68</p> <p>3:30 Trivia w/ Alex-1</p> | <p>30</p> <p>10:00 Manicures & Coffee-A</p> <p>10:30 Forever Fit-C</p> <p>2:00 Bingo-A</p> <p>3:45 21 Questions-1</p> | <p>31</p> <p>10:00 Hymn Sing-C</p> <p>11:00 Men's Group-C</p> <p>11:00 Morning Moves-A</p> <p>11:20 Star Tribune-A</p> <p>2:00 Jeopardy -A</p> <p>3:15 Java Time-C</p> <p>3:45 Ukulele Tunes-1</p> |  <p>Pray The Rosary every Wednesday on channel 68 at 1:00pm</p> | <p>Harpo Visit!</p>  <p>Thursday, Jan 26th at 4p!</p> | <p>**Activities and/or locations are subject to change**</p> <p>See white boards for updated activities</p> | <p>KEY TO LOCATIONS</p> <p>A =ACTIVITY AREA</p> <p>C =CHAPEL (main)</p> <p>1 = FIRST FLOOR</p> <p>2 = SECOND FLOOR</p> <p>68=CHANNEL 68 ON TV</p> <p>O=OUTSIDE/ PATIO</p> <p>SG=SENSORY</p> |