


March 2023

**Cassia Chapel View
Senior Health and Living**

**Care Center
Activity Calendar**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
KEY TO LOCATIONS A =ACTIVITY AREA C =CHAPEL (main) 1 = FIRST FLOOR 2 = SECOND FLOOR 68=CHANNEL 68 ON TV MDR=MAIN DINING ROOM 1 DR=1ST FL DINING ROOM	**Activities and/or locations are subject to change** See white boards for updated activities	Harpo Visits at 4p every Thursday on 1 st floor! 	1 10:00 Worship w/ CV-68/C 10:45 Use Your Noodle-A 11:15 AM News-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Brain Games -1	2 10:45 Exercise by Numbers-A 11:15 Catchphrase-A 2:00 Resident Council-A 3:45 Tricky Trivia-1	3 10:00 Catholic Communion-C 10:30 Forever Fit-C 11:15 In the Know-C 2:00 Long Word, Short Word-A 3:45 IN2L Trivia-1	4 10:45 Seated Stretch-A 11:15 Morning News-A 2:00 Popcorn & a Movie -1/68
5 11:00 Catholic Worship-68 2:00 Worship Online-68 2:00 Swing Dance Performance-MDR 3:30 Games w/ Alex-1	6 10:30 Forever Fit-C 11:15 News Update-C 2:00 Bingo-A 3:45 Brain Games-1	7 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Seated Stretch-A 11:20 Conversation Catch-A 2:00 Family Feud -A 3:45 IN2L Travel-1	8 10:00 Worship w/ CV-68/C 10:45 Balloon Volleyball-A 11:15 AM News-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music -1	9 10:00Breathing & Relaxation-C 10:45 Java Club 1-C 10:45 Music Moves-A 11:15 Brain Tune-Up-A 2:00 Crafty Corner-A 3:00 Java Club 2-C 3:45 Catchphrase -1	10 10:30 Chair Yoga-C 11:15 Positive News-C 2:00 Bowling for Bucks-A 3:45 Music Trivia -1	11 10:45 Rise and Shine with Brad-A 2:00 Popcorn & a Movie -1/68
12 11:00 Catholic Worship-68 2:00 Worship with Chapel View-C/68 3:30 Piano Music w/ Jane-1	13 10:00 Manicures & Coffee-A 11:00 Forever Fit-C 2:00 Bingo-A 3:45 Scattegories-1	14 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Seated Stretch-A 11:20 Scattegories-A 2:00 Let's Get Cookin'-A 3:00 Java Time-C 3:45 Headbandz-1	15 10:00 Worship w/ CV-68/C 10:45 Table Tennis-A 11:15Sunshine Committee-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music -1	16 10:00Breathing & Relaxation-C 10:45 Java Club 1-C 10:45 Exercise by Numbers-A 11:15 News Update-A 2:00 Finish That Phrase -A 3:00 Java Club 2-C 3:45 My Story-1	17 10:00 Muffins for Leprechauns-A 11:00 Forever Fit-C 2:00 St. Patty's Day Tunes-A 3:45 Pub Trivia -1	18 10:45 Trivia Exercise-A 11:15 Sunny Skyz News -A 2:00 Popcorn & a Movie -1/68
19 11:00 Catholic Worship-68 2:00 Online Worship-68 3:30 Games w/ Alex-1	20 10:30 Forever Fit-C 11:15 News Update-C 2:00 Bingo-A 3:45 Bean Bag Trivia-1	21 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Seated Stretch-A 11:20 Riddle Me This-A 2:00 Jeopardy -A 3:00 Java Time-C 3:45 Scattegories-1	22 10:00 Worship w/ CV-68/C 10:45 Noodle Hockey- A 11:15 AM News-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music -1	23 10:00Breathing & Relaxation-C 10:45 Java Club 1-C 10:45 Music Moves-A 11:15 Star Tribune-A 2:00 Senior Choir-A 3:00 Java Club 2-C 3:45 Brain Benders-1	24 10:30 Chair Yoga-C 11:15 Soup for the Soul-C 2:00 Wine and Canvas-A 3:45 IN2L Travel-1	25 10:45 Saturday Sweat-A 11:15 Good News-A 2:00 Popcorn & a Movie -1/68
26 11:00 Catholic Worship-68 2:00 Worship with Chapel View-C/68 3:30 Games w/ Alex-1	27 10:00 Manicures & Coffee-A 11:00 Forever Fit-C 2:00 Bingo-A 3:45 Story Share-1	28 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Moves and News-A 2:00 Resident Bday Social-A 3:30 Java Time-C 3:45 IN2L Games-1 5:45 Dinner Music w/ Jane-1	29 10:00 Worship w/ CV-68/C 10:45 Balloon Volleyball-A 11:15 AM News-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music -1	30 10:00Breathing & Relaxation-C 10:45 Java Club 1-C 10:45 Exercise by Numbers-A 11:15 Mind Benders-A 2:00 Target Practice -A 3:00 Java Club 2-C 3:45 Family Feud-1	31 10:30 Forever Fit-C 11:15 News Update-C 2:00 Happy Hour-A 3:45 Scruples -1	