



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		 Harpo Visits at 4p on Thursday on the 1st floor!		<sup>1</sup> 10:00 Breathing & Relaxation-C 10:45 Java Club-C 10:45 Partner Exercise-A 11:15 Lucynt Table-A 2:00 Resident Council-68/C 3:45 Catchphrase-1	<sup>2</sup> 9:45 Grandfriends-A 10:45 Forever Fit-C 11:15 Scattegories-C 2:00 Card Creations-C 3:45 Music Trivia-1	<sup>3</sup> 10:45 Saturday Sweat-A 11:15 IN2L Games-A 2:00 Popcorn & a Movie -68/1
<sup>4</sup> 11:00 Online Catholic Service-68 2:00 Worship with Chapel View-C/68	<sup>5</sup> 10:45 Forever Fit-C 11:20 News Discussion-A 2:00 Bingo-A 3:15 Resolute-C 3:45 IN2L Games-1	<sup>6</sup> 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Stretch & Flex-A 11:20 Word of the Week-A 1:00 Pres. Primary Voting-C 2:00 Heart Art-A 3:00 Java Music-C 3:45 My Story-1	<sup>7</sup> 10:00 Worship w/ CV-68/C 10:45 Noodle Tennis-A 11:15 Sunshine Committee-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music-1 3:30 Book Club-C	<sup>8</sup> 10:00 Breathing & Relaxation-C 10:45 Java Club-C 10:45 Exercise by Numbers-A 11:15 Ring Toss Trivia-A 2:00 Jeopardy-A 3:00 Java Club 2-C 3:45 Word Games-1	<sup>9</sup> 10:30 Chair Yoga-C 11:30 Soup for the Soul -C 2:00 Resident Birthday Social w/ Vinnie R.-A 3:45 Brain Games-1	<sup>10</sup> 10:30 Morning Exercise-C 11:00 News Update-A 2:00 Popcorn & a Movie -68/1
<sup>11</sup> 11:00 Online Catholic Service-68 2:00 Worship with Chapel View-C/68	<sup>12</sup> 10:00 Manicures & Coffee-A 11:00 Forever Fit-C 2:00 Bingo-A/68 3:15 Resolute-C 3:45 Anybody's Guess-1	<sup>13</sup> 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Stretch & Flex -A 11:20 Word of the Week-A 2:00 Cookie Decorating-A 3:00 Java Music-C 3:45 Valentine Memories-1	<sup>14</sup> 10:00 Worship w/ CV-68/C 10:45 Partner Exercise-A 11:15 Classic Pairs-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 3:30 Book Club-C	<sup>15</sup> 10:00 Breathing & Relaxation-C 10:45 Java Club-C 10:45 Dual Task Exercise-A 11:15 Lucynt Table-A 2:00 Long Word, Short Word-A 3:00 Java Club 2-C 3:45 Judge & Jury-1	<sup>16</sup> 9:45 Grandfriends-A 10:45 Forever Fit-C 11:15 Positive News-C 2:00 Wine & Canvas -A 3:45 Music Trivia-1	<sup>17</sup> 10:45 Mind & Body Exercise-A 11:15 Trivial Pursuit-A 2:00 Popcorn & a Movie -68/1
<sup>18</sup> 11:00 Online Catholic Service-68 2:00 Worship with Chapel View-C/68	<sup>19</sup> 10:00 Muffin Monday-A 11:00 Forever Fit-C 11:20 News Discussion-A 2:00 Bingo-A 3:15 Resolute-C 3:45 IN2L Games-1	<sup>20</sup> 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Stretch & Flex -A 11:20 Word of the Week-A 2:00 Family Feud-A 3:00 Java Music-C 3:45 Brain Games-1	<sup>21</sup> 10:00 Worship w/ CV-68/C 10:45 Balloon Volleyball-A 11:15 LCR Dice Game-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 3:30 Book Club-C	<sup>22</sup> 10:00 Breathing & Relaxation-C 10:45 Java Club-C 10:45 Sit & Fit-A 11:15 Ring Toss Reminisce-A 2:00 Finish That Phrase-A 3:00 Java Club 2-C 3:45 Sights & Sounds-1	<sup>23</sup> 10:30 Chair Yoga-C 11:30 Trivial Pursuit-C 2:00 Zoomobile-C/68 3:45 Story Share-1	<sup>24</sup> 10:45 Seated Stretch-A 11:15 Brain Games-A 2:00 Popcorn & a Movie -68/1
<sup>25</sup> 11:00 Online Catholic Service-68 2:00 Worship with Chapel View-C/68 3:30 Piano w/ Jane-1	<sup>26</sup> 10:00 Manicures & Coffee -A 11:00 Forever Fit-C 2:00 Bingo-A 3:15 Resolute-C 3:45 Tricky Trivia-1	<sup>27</sup> 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Partner Exercise-A 11:20 Word of the Week-A 2:00 Jazz w/ Jeff-A 3:00 Java Music-C 3:45 IN2L Trivia-1 5:45 Dinner Music w/Jane-1	<sup>28</sup> 10:00 Worship w/ CV-68/C 10:45 Floor Hockey-A 11:15 Convo Catch-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Tunes-1 3:30 Book Club-C	<sup>29</sup> 10:00 Breathing & Relaxation-C 10:45 Java Club-C 10:45 Exercise by Numbers-A 11:15 Lucynt Table-A 2:00 Let's Get Baking-A 3:00 Java Club 2-C 3:45 IN2L Games-1	<b>**Activities and/or locations are subject to change**</b>  See white boards for updated activities	<b>KEY TO LOCATIONS</b> A = ACTIVITY AREA C = CHAPEL (main) 1 = FIRST FLOOR 2 = SECOND FLOOR 68 = CHANNEL 68 ON TV O = OUTSIDE/ PATIO SG = SENSORY

