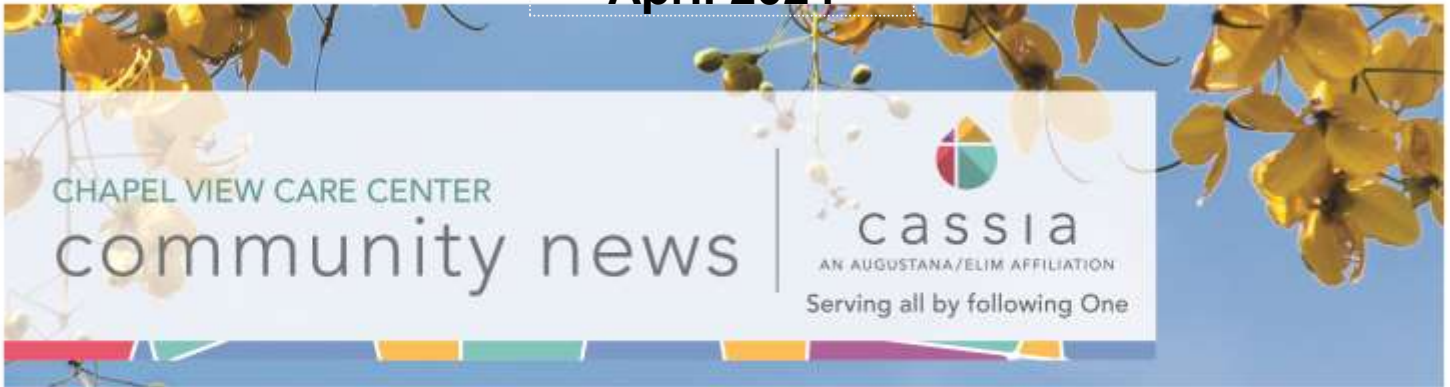


April 2024



In the Chapel

Spiritual Care Activities

Sundays:

11 AM Catholic service, Channel 68
2 PM Protestant Worship in the Chapel and on Channel 68

Tuesdays:

10 AM Hymn Sing or Praying in Color
11:00 AM Men's Group in the Chapel

Wednesdays:

10 AM Worship in the Chapel and on Channel 68
1 PM Rosary service on Channel 68, pre-recorded from somewhere in the world. Rosary is led on Channel 68 by a local church and sometimes it is a Rosary service from Leeds Cathedral in England or the shrine at Lourdes in France!

At the Wednesday worship service, there will be a **Healing Service** once a month that includes individual prayer and anointing with oil, along with Holy Communion. All are welcome to attend whether you are in need of healing or want to pray for someone in need of healing.

Also, a **Service of Morning Prayer** will happen at least once a month, on Wednesdays at 10 AM in the Chapel. The service will include prayer, scripture and hymns. It will be led by one of the chaplains. Please join us for this great way to start your day!

After Hymn Sing on Tuesdays, all men are invited to a **Men's Group** at 11:00a in the Chapel with Chaplain Erik or Jacob. Come for a lively discussion about a variety of topics and good fellowship.

Chapel View has two part time Chaplains.

Chaplain Erik is available to support residents and their families, along with all of our team members every Tuesday, Wednesday, and every other Sunday.

Chaplain Diane is in house to do the same every Monday, Thursday, Friday, and every other Sunday.

Please feel free to call the Chaplain Office at 952-697-3835 and leave a message.

615 Minnetonka
Mills Road
Hopkins, MN 55343
952-938-2761
a ministry of Cassia
CassiaLife.org

Upcoming Events

Major Happenings

- 2nd: Finish That Phrase
- 4th: Resident Council
- 5th: Garden Collage
- 10th: Sunshine Committee
- 11th: Target Practice
- 12th: Resident Birthday Social w/ Ross M.
- 15th: Muffin Monday
- 15th: Making Music
- 16th: Zoomobile
- 18th: Jeopardy
- 19th: Butterfly Craft
- 22nd: Tending Seedlings
- 23rd: Spring Tunes w/ Bill
- 23rd: Dinner Music w/ Jane
- 25th: Wine & Canvas
- 26th: Happy Hour
- 29th: Jewelry Design
- 30th: Family Feud

Weekly Activities

- Manicures** every other Monday at 10:00a
- Forever Fit** every other Monday at 10:30a and every other Friday at 10:45a
- Bingo** every Monday and Wednesday at 2:00p
- Piano Music** every Wednesday at 3:30p
- Men's Group** every Tuesday at 11:00 in the chapel
- Worship** every Wednesday and Sunday
- Rosary** every Wednesday at 1:00p
- Breathing and Relaxation** Thursdays at 10:15 in the chapel
- Java Club** Thursdays at 10:45a and 3:00p
- Java Music** most Tuesdays at 3:00p
- Movie and Popcorn** every Saturday

**See the activity calendar for all times and locations*

Resident Birthdays

• • •
Find us on Facebook at
Chapel View Senior
Health and Living!

We share some of the fun
we've been having and
upcoming events!

• • •

- 3rd: Art
- 3rd: Marjorie
- 8th: Paul
- 21st: Wayne
- 22nd: Celia
- 30th: Joseph



Resident Council Minutes

FOOD COMMITTEE

Esther asked all how the food had been, positive comments came forward. One resident said, "Average". When Esther asked what hadn't been good, he had difficulty coming up with an example. One resident complimented a turkey pasta dish that had been served recently. Esther stated she would let the cook know it was enjoyed. Esther asked all to help her plan two upcoming meals; St. Patrick's Day and Easter. Residents agreed to have beef pot roast, mixed veggies, mashed potatoes, and lemon meringue pie for St. Patrick's Day. For Easter, residents agreed on baked ham, scalloped potatoes, sweet potatoes, a Hawaiian dinner roll, and French silk pie. Esther mentioned the last special meal, which was for Black History month, and asked all if they would like it again. Esther reviewed the meal which consisted of oven fried chicken, macaroni and cheese, collard greens, and corn bread. All said they enjoyed it and would like to have it again. Esther said she would put it back on the menu. Esther asked all if they are seeing their favorite foods on the menu. One resident asked for ham. Esther said it is currently on the menu. One resident asked if tapioca pudding could be an option. Esther said she would see what she could do. Laura asked Esther and the group what appetizer they would like with happy hour. The residents and Esther agreed on boneless chicken wings. Esther asked all if they are receiving the snacks they want. Positive comments came forward. Esther announced the new menu would start April 21st and mentioned she would like feedback and ideas for the upcoming menu at the next meeting. The residents thanked Esther for her time and stated her staff are wonderful.

DISCUSSION OF OLD BUSINESS

Laura asked all if anyone reads the resident newsletter (Day by Day) that is distributed every month. Only one resident stated he did. Laura reviewed the past month's minutes. Laura asked all how they liked the Cheddar Bay biscuits that we had made. Some positive remarks came forward. Laura thanked the group for coming up with the idea at the previous meeting and encouraged more collaborative ideas like that. Laura stated the in-house voting went well and many voted. Laura asked Paula if more of the Vital Research surveys had been completed and returned, which they had not. Laura reminded all these are very important for families to complete so we know where we can improve as a facility. Laura reminded all that we will be sending a care package to our maintenance director, Andrew, while he is serving overseas. Laura stated the new volunteer group that was to start on a Sunday afternoon had to be postponed due to illness at the facility but all were excited for the new addition to start when everyone is healthy. Laura mentioned we are still trying to think of ways to get more use out of the new equipment in the Lotus Center and encouraged residents to check it out. Laura mentioned some of the new activities in March. We had a small group of ladies making bracelets for Jewelry 101. Those who attended said it was fun. Laura stated we will be doing the program again next month. Jacob had come up with a new exercise with a clear umbrella that he hung from the ceiling and would swing around and residents had to throw balls into the upside umbrella. Laura stated everyone was laughing and appeared to have a lot of fun. Laura mentioned the large parachute we now have for exercise and stated the residents did a great job using it and we will be using it again. Laura stated it might be fun to bring out when the grandfriends come to visit. Laura mentioned seed starters would be coming up the next week and will need all hands on deck when planting our garden. The zoomobile had to be rescheduled due to illness in the building but we look forward to getting to see a few animals. Laura asked those who have attended Resolute on Mondays at 3:30p how they liked it. No comments came forward. Laura stated we have not had high attendance and encouraged residents to give it a try. The group is run by Diane, our chaplain and includes a journal that residents can keep. The group discusses topics of life and experiences as well as reflecting on their past. Some resident said they would give it a try. Laura stated the new group, Word of the Week, has been going well. The group is on Tuesday mornings at 11:15a. Laura stated it's something fun to do while learning and expanding our vocabulary. The word will be posted on a bulletin board each week on first floor for all to see.

DISCUSSION OF NEW BUSINESS

Laura asked all to help her decide what we should plant in the garden this year. Residents agreed on getting seeds for tomatoes, cucumbers, peppers, watermelon, sweet peas, lettuce, radishes, pumpkins, green onions, Roma tomatoes and jalapenos for a salsa garden, pansies, geraniums, snap dragons, basil, chives, and lavender. Laura said the greenhouse would be going back up in the chapel and would need to be watered daily. Laura asked all what kind of muffin everyone would like to make for Muffin Monday. One resident suggested a dark chocolate muffin with German chocolate frosting. Laura asked if this would be considered a cupcake. The group decided it would be fine because they are usually ready to eat right before lunch.

OPEN FORUM

One resident asked to go to Target to go shopping. Laura took note and also reminded residents we can online shop, especially if there is something very specific that they want. Laura stated we would use the bus for arboretum trips, restaurants, going to movies, in March. One resident asked for more pumpkin pie. Laura stated she would let Esther know of the request. Laura asked all if there was any room for improvement. Comments of contentment came forward. Meeting Adjourned



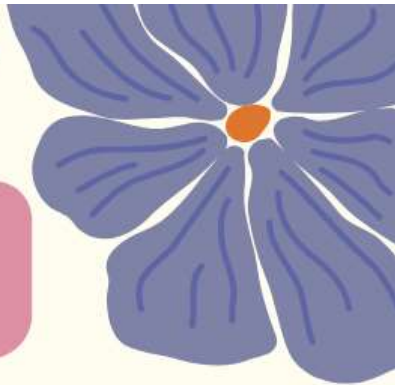
Gold Stars



- * **Francesca, Nurse-** “On her first day alone on the floor she was thrown a lot of obstacles that usually don’t happen and she handled it with grace and calm.”-1st floor Nurse

Contact Laura, Kristi, or Jacob to nominate an outstanding staff member!

Arboretum Spring Flower Show



RESIDENT
Birthday
SOCIAL





DRINKS & INK







Seed Starters





WINE & canvas



