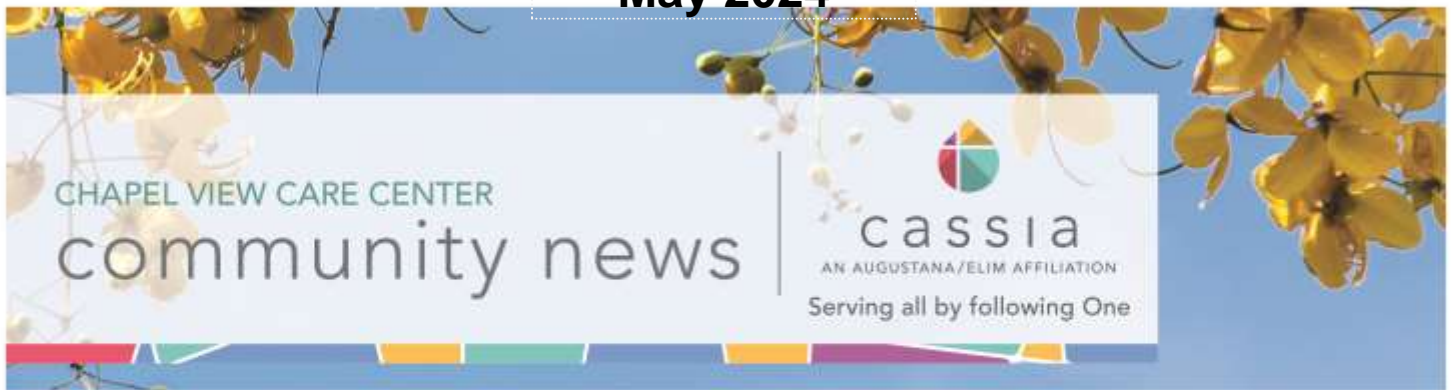


May 2024



In the Chapel

Spiritual Care Activities

Sundays:

11 AM Catholic service, Channel 68
2 PM Protestant Worship in the Chapel and on Channel 68

Tuesdays:

10 AM Hymn Sing or Praying in Color
11:00 AM Men's Group in the Chapel

Wednesdays:

10 AM Worship in the Chapel and on Channel 68
1 PM Rosary service on Channel 68, pre-recorded from somewhere in the world. Rosary is led on Channel 68 by a local church and sometimes it is a Rosary service from Leeds Cathedral in England or the shrine at Lourdes in France!

At the Wednesday worship service, there will be a **Healing Service** once a month that includes individual prayer and anointing with oil, along with Holy Communion. All are welcome to attend whether you are in need of healing or want to pray for someone in need of healing.

Also, a **Service of Morning Prayer** will happen at least once a month, on Wednesdays at 10 AM in the Chapel. The service will include prayer, scripture and hymns. It will be led by one of the chaplains. Please join us for this great way to start your day!

After Hymn Sing on Tuesdays, all men are invited to a **Men's Group** at 11:00a in the Chapel with Chaplain Erik or Jacob. Come for a lively discussion about a variety of topics and good fellowship.

Chapel View has two part time Chaplains.

Chaplain Erik is available to support residents and their families, along with all of our team members every Tuesday, Wednesday, and every other Sunday.

Chaplain Diane is in house to do the same every Monday, Thursday, Friday, and every other Sunday.

Please feel free to call the Chaplain Office at 952-697-3835 and leave a message.

615 Minnetonka
Mills Road
Hopkins, MN 55343
952-938-2761
a ministry of Cassia
CassiaLife.org

Upcoming Events

Major Happenings

- 1st: Derby Racing
- 2nd: Resident Council
- 2nd: Ukulele Music
- 3rd: Margs & Cards
- 7th: Floral Craft
- 9th: Jeopardy
- 10th: Resident Birthday Social w/ Jeff B.
- 12th: Mother's Day Tea Party
- 14th: Let's Get Baking
- 15th: Sunshine Committee
- 16th: Garden Planting
- 17th: NASCAR Day
- 19th: Piano Music w/ Jane
- 21st: Family Feud
- 23rd: Finish That Phrase
- 24th: Food Pairing Tasting
- 28th: Wine & Canvas
- 28th: Dinner Music w/ Jane
- 30th: Music w/ Mary F.
- 31st: Deal or No Deal

Weekly Activities

- Manicures** every other Monday at 10:00a
- Forever Fit** every other Monday at 10:30a and every other Friday at 10:45a
- Bingo** every Monday and Wednesday at 2:00p
- Piano Music** every Wednesday at 3:30p
- Men's Group** every Tuesday at 11:00 in the chapel
- Worship** every Wednesday and Sunday
- Rosary** every Wednesday at 1:00p
- Breathing and Relaxation** Thursdays at 10:15 in the chapel
- Java Club** Thursdays at 10:45a and 3:00p
- Java Music** most Tuesdays at 3:00p
- Movie and Popcorn** every Saturday

**See the activity calendar for all times and locations*

Resident Birthdays

- 3rd: James P.
- 23rd: Kathleen W.
- 24th: Peggy C.
- 30th: Rosemary E.



Resident Council Minutes

FOOD COMMITTEE

Esther asked all how the Easter meal went. Positive comments came forward, especially about the au gratin potatoes. Esther asked all if anyone had thought of any additions for the Spring/Summer menu. One resident requested sweet potato pie. Esther stated she's still working on getting that item. One resident stated he was sick of green beans. Esther asked what kind of vegetable he liked better. The group listed other options and he mentioned the ones he does not enjoy. Esther asked if French cut green beans would be an improvement. Others stated yes but this resident was not interested. Esther then asked everyone to help her decide on the Mother's Day noon meal. Residents agreed on baked ham, au gratin potatoes, broccoli, Hawaiian dinner roll, and Boston cream pie. Esther then asked all if everyone is getting their snacks in the afternoon. One resident stated you have to hunt down the cart. Esther stated she would look into it but the cart can usually be found by the nurse's station. Esther then asked all if there was enough variety on the cart, stating we do switch it up on what is offered but they try to keep a large variety. One resident stated he enjoys the little Debbie's snacks. Esther stated the one we offer is called fudge rounds. Esther asked all if they are offered their favorite foods on the menu. Many said yes. One resident stated she wanted Rice Crispy bars. Esther informed her they are on the snack cart. Esther then asked all if they still enjoy soft shell tacos and that she would like feedback on the item. None came forward. Esther stated she added lemon cream bars to the menu, as well as many fresh fruits. Esther informed all that the melons are not yet in season so they made be hard at first. Esther asked all if they prefer the Turkey Devon served on mashed potatoes or noodles. After discussion, the residents decided on rice. Esther asked all if they are get getting their favorite breakfasts. One resident complimented Esther stating, you do a great job. Esther mentioned she left pork ribs, turkey, and roast beef on the spring/ summer menu and asked all what they thought of the cheese pizza. Many said they were not fond of it. Esther stated she replaced pizza with chicken quesadillas once on the menu and many were happy with that decision. Esther mentioned she switched up the recipe for the egg bake and it will now be called sausage egg bake and asked all to let her know what they think after they try it. Laura mentioned a request for more hash browns for breakfast. Esther stated she has tri-tator tots, sweet potato tots, and fresh fries on the next cycle. Esther asked all if they would prefer the French fries to be a different variety of hash brown, many said yes. One resident stated he does not like the sweet potato tots and another resident agreed. Laura mentioned we have a happy hour at the end of the month that falls on National Pretzel day and wondered if we would be getting soft pretzels and cheese. Esther stated yes, they had been ordered. Laura let the residents know about the Mother's Day Tea Party coming up in May and brainstormed some desserts that could be served with the tea. Ideas such as petit fours, eclairs, macaroons, and pie, were discussed. The Mothers of the group approved of the ideas.

DISCUSSION OF OLD BUSINESS

Laura mentioned we planned and planted the seeds for the upcoming garden. Some of the seeds we planted include; a variety of tomatoes, sweet bell and jalapeño peppers, sweet peas, watermelon, basil, chives, cucumbers, snap dragons, zinnias, forget me nots, marigolds, wild flowers, and onions and thyme but those two did not grow. Once it's time to transplant to outdoors, we will also add lettuce, radishes, pumpkins, cilantro, and possibly a few others. We decided to make German chocolate muffins but the chunks of coconut were not a pleasant texture for most. Requests had been made to go to Target. One trip was taken and Laura reminded all we can always do online shopping as well. Laura stated we would try to do a matinee for those that wanted to go to a movie theater. There is a challenge finding a desired movie early enough, with wheel chair seating.

DISCUSSION OF NEW BUSINESS

Paula mentioned we are looking at the TV service we have in order to add the sports channel 45, as well as an additional religious channel that has gospel music, and possibly other channels. In order to add a channel, we will have to swap it out for something else. All input was welcomed on final decisions for channels. Paula also mentioned there would be some staffing changes in the near future, such as Moriah who has been a LPN with us for a number of years, starting as a CNA, and is now the Director of Health Information. She is going back to school to get her RN in Bemidji. We are all excited for her but sad to see her go as she has been a valuable team member of Chapel View for many years. Lisa Moore, a 1st floor evening nurse will be taking over Moriah's position as Director of Health Information. Allyson, the Director of Social Work, will be leaving to take a position closer to her home and we will miss her dearly. Tara, who already works as a social worker here at Chapel View, will be taking over as director and we will hire a new social worker to replace her. Paula then announced her own retirement, and stated she would miss everyone greatly. There will be an interim person until we know for sure who will be taking over Paula's position. President Brad thanked Paula for doing an exceptional job over the years and thanked her for all her dedication and hard work. Paula mentioned the ducks are about to hatch and we will be having a duck parade to escort the ducks out of the building safely, with the help of the residents.

OPEN FORUM

Laura asked all what kind of muffins folks would like to make this month. The group decided on orange chocolate chip. There will be a pizza day on the 10th to celebrate the acceptance of the new building. There will be an unveiling of the blue prints and lay out on Thursday the 11th. Folks from home office will be here to explain the plans and answer questions residents and staff may have. Laura asked all if anyone wanted to take the bus anywhere. No suggestions came forward. Laura also mentioned the Science Museum could be a good option. One resident asked if we could go to the Southdale Mall. Laura said yes absolutely. Laura asked all if they would like to continue the Resolute program, stating only a few people have attended. One resident stated he was still interested. Laura stated Chaplain Diane has been the one running it but when she is out the activity staff will have to figure out a new plan. Laura asked all if they would like to continue doing book club on Wednesdays at 3:30p. Laura noticed it wasn't on the calendar but we will continue to write it on the boards. Laura stated we are thinking we will pivot to doing short stories so if someone misses a week or someone new wants to join, they will know the story being discussed. Many agreed to the change. Laura stated we will have the Zoomobile here on the 16th after three previous attempts to have the presentation. We had to cancel due to covid the previous attempts. Laura asked all if they are still enjoying Costco cake for the birthday socials. Many stated they enjoyed it. Laura mentioned we would do a language group where we learn new languages with an app called Duolingo, starting with Spanish, followed by German due to request. A couple said they were interested. Laura read the month's resident right. Laura asked all if there were any other questions or comments. One resident commented the staff in the kitchen. He nominated a few kitchen and nursing staff for stars for their efforts. Laura took note.

Star Nominations

- Susan, Dietary Aide- "She is very personable and always knows what we want. Very cheery and happy to help!"-resident
- Sonny, CNA- "He knows everyone's way of doing things and works very hard. We enjoy when he's working."-resident
- Dixie, Nurse- "She has a heart of gold and makes us feel loved and cared for."- resident

From the Administrator

Thanks to all of you

My time here at Chapel View is ending soon and I wanted to say goodbye and thank you before I start to enjoy my retirement.

Working with the staff and for the residents at Chapel View has been one of the best parts of my 41-year career working with seniors. I have so enjoyed getting to know residents, families and our wonderful staff. It has truly been a privilege to serve you and I cherish all the fond memories of being here.

Chapel View has wonderful things coming in the next 18 months with construction of a new care center just across from our parking lot. It will be state of the art and offer comfortable spaces for residents with private rooms with private bathrooms, showers and storage space for equipment like wheelchairs and walkers in each of the rooms. With the benefit of more space, it will also be much easier for our staff to provide care to residents.

Maggie Harms, interim administrator; will be here until your new administrator, Sam Pahl, arrives. Sam is coming from one of our other Cassia sites, and I am very confident he will fit in well at Chapel View.

I have also enjoyed working for Cassia, and am grateful for the opportunities, challenges and growth this organization provided me. Best wishes and thank you for everything.

–Paula Sparling



Find us on Facebook at Chapel View Senior Health and Living!

We share videos and photos of the fun we've been having as well as upcoming events!



You can see our duck parade on Facebook! This mama keeps laying eggs in our enclosed courtyard so we have to walk them through our building to an area nearby. Our staff and residents were there to guide them through the dining room, out the front door, and through our parking lot to safety!

Chapel View Health Care Center

MOTHER'S DAY

tea party

Sunday, May 12th
2:00p.m. until 3:30p.m.

615 Minnetonka Mills Road

RSVP: 952-697-3848 or
laura.flicker@cassialife.org





MAY 6TH-10TH

CHAPEL VIEW PLANT SALE

Selling a variety of tomatoes,
cucumbers, peppers, peas, and basil
starter plants

\$3 EACH!

All proceeds go back to the residents!
cash or check only



Garden

Collage





Resident Birthday Social





ZOOMOBILE VISIT







Butterfly Craft





Earth Day Seedlings



Wine & Canvas



