

October 2024

CHAPEL VIEW CARE CENTER

community news



cassia

AN AUGUSTANA/ELIM AFFILIATION

Serving all by following One

In the Chapel

Spiritual Care Activities

Sundays:

11 AM Catholic service, Channel 68
2 PM Protestant Worship in the Chapel and on Channel 68

Tuesdays:

10 AM Hymn Sing or Praying in Color
11:00 AM Men's Group in the Chapel

Wednesdays:

10 AM Worship in the Chapel and on Channel 68
1 PM Rosary service on Channel 68, pre-recorded from somewhere in the world. Rosary is led on Channel 68 by a local church and sometimes it is a Rosary service from Leeds Cathedral in England or the shrine at Lourdes in France!

After Hymn Sing on Tuesdays, all men are invited to a **Men's Group** at 11:00a in the Chapel with Chaplain Erik or Sam. Come for a lively discussion about a variety of topics and good fellowship.

At the Wednesday worship service, there will be a **Healing Service** once a month that includes individual prayer and anointing with oil, along with Holy Communion. All are welcome to attend whether you are in need of healing or want to pray for someone in need of healing.

Also, a **Service of Morning Prayer** will happen at least once a month, on Wednesdays at 10 AM in the Chapel. The service will include prayer, scripture and hymns. It will be led by one of the chaplains. Please join us for this great way to start your day!

Chapel View has two part time Chaplains.

Chaplain Erik is available to support residents and their families, along with all of our team members every Tuesday, Wednesday, and every other Sunday.

Chaplain Diane is in house to do the same every Monday, Thursday, Friday and every other Sunday.

Please feel free to call the Chaplain Office at 952-697-3835 and leave a message.

IN LOVING *memory*

Patricia Malinowski
3/19/1934-9/2/2024

Eldon Nerheim
1/19/1930-9/2/2024

Julie Kay Olson
7/20/1965-9/14/2024

Linda Weber
1/23/1947-9/15/2024

James "Jim" Peschong
5/3/1947-9/22/2024

615 Minnetonka
Mills Road
Hopkins, MN 55343
952-938-2761

a ministry of Cassia
CassiaLife.org

Upcoming October Events

- 1st: Fall Flavors
- 3rd: Early Resident Voting
- 3rd: Open Circle Choir
- 3rd: Resident Council
- 4th: Catholic Communion
- 4th: Word Ladder
- 8th: Garden Clean Out
- 10th: Chair Yoga
- 10th: America Says
- 11th: Grandfriends
- 11th: Resident Birthday Social w/ Bill
- 13th: Piano w/ Jane
- 15th: Painting Pumpkins
- 17th: Long Word, Short Word
- 18th: 1st Place Party
- 22nd: Jammin w/ Ross
- 22nd: Dinner Music w/ Jane
- 24th: Jeopardy
- 25th: Grandfriends
- 25th: Wine & Canvas
- 28th: Muffin Monday
- 29th: Going on a Drive
- 31st: Halloween Party

Weekly Activities

- Manicures & Coffee** every other Monday at 10:00a
- Forever Fit** every Monday and Friday at 10:45a
- Bingo** every Monday and Wednesday at 2:00p
- Book Club** most Mondays at 3:15p
- Piano Tunes** every Wednesday at 3:30p
- Men's Group** every Tuesday at 11:00 in the chapel
- Rosary** every Wednesday at 1:00p
- Breathing & Relaxation** every Thursday at 10:15a in the chapel
- Java Club** every Thursday at 10:45a in the chapel
- Java Music** most Tuesdays at 3:15p in the chapel
- Movie & Popcorn** every Saturday
- Worship** every Wednesday and Sunday

**See the activity calendar for all times and locations*

Resident Birthdays

Find us on Facebook at
Chapel View Senior
Health and Living!

We share videos and
photos of the fun we've
been having as well as
upcoming events!

8th: Carol K.
9th: Dwight E.
17th: Richard D.
18th: Louis G.
22nd: Coleen C.
30th: Cheryl H.



Resident Council Minutes

FOOD COMMITTEE

Laura O filled in for Kofi this meeting. She started off the meeting by announcing that she will be going on maternity leave starting October 5th. Laura asked the residents what they would like to eat for Halloween. She stated that last year they had spaghetti and meatballs, green beans, garlic bread, and pumpkin pie. A few residents chimed in that that still sounded good. One resident voiced that the food has been great. Another resident seconded this. One resident had requested changing the Belgian waffle that the kitchen served to a normal type of waffle. Another resident voiced that the Belgian waffle gets soggy and that we should try a new waffle. The kitchen will order a new waffle and the residents will sample it and then will be able to share their thoughts before it gets added to the rotation permanently. Laura mentioned that when sandwiches are served the kitchen staff will now be putting mustard and mayo packets on the trays, so residents will not need to request them. Also soy sauce will be served with the chicken stir fry. One resident voiced that the potatoes do not have much flavor. Laura said that she would see what flavorings Kofi could add to the potatoes. One resident mentioned that she would like more sweet potatoes. Laura added that the fall/winter menu would be starting at the end of September.

DISCUSSION OF OLD BUSINESS

Kristi read last meetings minutes. Kristi asked how the residents enjoyed the Olympic events we had throughout August. The residents chimed in that they were fun. Kristi announced that out of all the Cassia sites that participated in the Olympics, Chapel View earned first place! Kristi asked how the residents enjoyed the State Fair Week. A few residents said that it was very fun, especially the caricature artist. One resident shared that she enjoyed the state fair food. The state fair food included mini cord dogs, French fries, mini donuts, cheese curds, cookies, cotton candy, corn on the cob, and chicken on a stick. Jacob asked the residents if they had any suggestions for different state fair games for next year. A few residents shared that they liked all the games. No new ideas came forward. The residents agreed that we should have the caricature artist come again. One resident stated that we should have balloon animals next year as well. Another resident mentioned wanting a face painter too, in addition of the caricature artist.

DISCUSSION OF NEW BUSINESS

Kristi read the resident right for the month. No questions or comments came forward. Kristi shared some of the upcoming events for September. First mentioned was the companion concert! Kristi stated that this is the first time that we are doing a resident led concert. We will have a few residents showcase their talents. One resident will play the harmonica and another resident will sing. Anyone else who wanted to show off their musical talents was invited. No other residents came forward. Next, beer and bowling, which we have done before. The residents will enjoy root beer floats and bowl a couple games of bowling. An announcement was made for the last fishing trip. Kristi shared that most people who wanted to go have gone already, but if not, this is your last chance until next spring. Volunteer, Brad will be attending this trip too. Chair Yoga with Suzi will be starting back up next week. Our instructor, Suzi, took some time off for the summer and is back now on every other Thursday. The birthday social is also next week and Mary is coming to perform for us. Kristi stated that our happy hour this month will be celebrating Oktoberfest with Pete performing. Kristi informed the residents that last year we had pretzels and cheese for appetizers. One resident wanted to have that

again, and other residents agreed. Kristi asked what specialty drink the residents would like to have. The residents decided on long island iced teas and finding some Sam Adams Oktoberfest beers as well.

Kristi shared that muffin Monday will be the last Monday of the month. The residents decided on making a pumpkin raisin muffin. We will also be doing a taste test the last day of the month. Kristi asked if there was any food or pairings of food the residents would like. One resident suggested different fruits. Kristi asked how the residents were enjoying the Saturday movies. Positive comments came forward. A few movie suggestions were voiced. Kristi asked if the residents wanted different items on the bingo cart, none came forward. Pringle chips were suggested for the final round bingo prizes. Next Kristi asked about outings the residents wanted to go on. The arboretum in the fall was mentioned. A few residents sounded interested. Jacob brought up going out to eat or going to Mystic Lake. A few residents showed interest in going to Mystic Lake. One resident asked to go on a shopping trip to Walmart. Another resident suggested going to Scheels. Goodwill was also mentioned. Kristi stated that we have the bus on Mondays and Wednesdays, so if there is a place the residents would like to go tell one of the activity staff and they will make it happen. Kristi asked if there was any new activities the residents wanted to try or any changes they would like to make, none came forward.

OPEN FORUM

Kristi announced that are other new faces around Chapel View, including two new faces in the social services department. Tara introduced Monica, the social services designee, who we are very excited to have on our team. She will be assisting the social services team wherever they need. Another new face you may see is Amber. Amber is the social worker for TCU and Tara is now the social worker for long term care. Sam asked how the residents have been liking Kofi, our new director of food and nutritional services. The residents all chimed in that the food is great and he is great as well. Sam shared that the plans for our new building got pushed back a bit because of the asbestos at Mizpah. The building should be down before Thanksgiving and will be 88 beds. One resident asked when they would be moving. Sam stated it will probably will be December of 2026. Sam asked if anyone had any questions or concerns for him. One resident shared that sometimes the call lights get turned off without the staff helping or finding out what is wrong. A few residents agreed that this has happened to them. Sam stated that he will find out more and talk to Patti, DON. One resident asked about flu and covid vaccines. Sam announced that the vaccines will be coming to the residents shortly. Sam shared about the power outage we had a couple days prior. It was a neighborhood outage caused by road construction nearby. The power was out for about 15 minutes and the problem with the backup generator has been fixed. Sam stated that his door is always open if there is anything that needs to be addressed. Kristi asked if there was anything else that needed to be discussed. Nothing came forward.

Meeting Adjourned.



Star Nominations



- * Valoree, nursing- “She always does what is asked of her and is always assisting her fellow teammates with great attitude.”- TCU Nurse Manager
- * Sylvia, nursing- “She is so amazing and patient.”- TCU Nurse Manager
- * Emmy, nursing- “An amazing nurse. You can tell she truly cares about us!”- TCU Patient
- * Dave, nursing- “He is wonderful with cares.”- TCU Patient
- * Ervin, nursing- “He goes above and beyond!”- TCU Patient
- * Vicky, housekeeping- “She brings such a light to Chapel View.”- TCU patient
- * LaBon, nursing- “He is exemplary in what he does.”- TCU patient

Contact Kristi, Jacob, or Shundiin to nominate an outstanding staff member!



Fishing Trip





COMPANION CONCERT



BEER & *Bowling*





Fishing Trip





Resident Birthday Social







WINE AND CANVAS







OKTOBERFEST



