




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>KEY TO LOCATIONS</b> A = ACTIVITY AREA C = CHAPEL (main) 1 = FIRST FLOOR 2 = SECOND FLOOR 68 = CHANNEL 68 ON TV O = 1 <sup>ST</sup> FLOOR PATIO L = LOTUS CENTER	**Activities and/or locations are subject to change**  See white boards for updated activities	 Harpo visits at 4p Wednesdays on the 1st floor.	 1	2 10:00 Memory Lane-L 10:45 Java Club-C 10:45 Sit & Fit-A 11:15 Lucynt Table-A 2:00 Resident Council-C 3:15 Duolingo-C 3:45 Sights & Sounds-1	3 10:00 Catholic Communion 10:15 Breathing & Relaxation-C 10:45 Forever Fit-C 11:15 News Update-C 2:00 Beer & Bowling-A 3:45 IN2L Trivia-1	4 10:45 Morning Exercise-A 11:15 Brain Workout-A 2:00 Popcorn & a Movie-1/68
5 11:00 Catholic Service-68 2:00 Worship w/ Chapel View-C/68	6 10:45 Forever Fit-C 11:15 Group Word Search-C 2:00 Bingo-A 3:15 Book Club-C 4:00 IN2L Games-1	7 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Stretch & Flex-A 11:20 Word of the Week-A 2:00 Family Feud-A 3:15 Java Music-C 4:00 Brain Quest-1	8 10:00 Worship w/ Gethsemane Lutheran-68/C 10:45 Floor Hockey-A 11:15 Fact or Fiction-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music-1	9 10:00 Chair Yoga-C 10:45 Java Club-C 10:45 Sit & Fit-A 11:15 Memory Match-A 2:00 Winter Craft-A 3:15 Duolingo-C 3:45 Judge & Jury-1	10 10:00 Grandfriends-A 10:45 Breathing & Relaxation-C 11:15 Forever Fit-C 2:00 Resident Birthday Social w/Phil K.-A 3:45 Bean Bag Trivia-1	11 10:45 Morning Exercise-A 11:15 News Update-A 2:00 Popcorn & a Movie-1/68
12 11:00 Catholic Service-68 2:00 Worship w/ Chapel View-C/68	13 10:00 Manicures & Coffee-A 11:00 Forever Fit-C 2:00 Bingo-A 3:15 Book Club-C 4:00 Documentary-1/68	14 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Stretch & Flex-A 11:20 Word of the Week-A 2:00 Wine & Canvas-A 3:15 Java Music-C 4:00 Headbands-1	15 10:00 Worship-68/C 10:45 Table Soccer-A 11:15 Sunshine Committee-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music-1	16 10:00 Memory Lane-L 10:45 Java Club-C 10:45 Sit & Fit-A 11:15 Lucynt Table-A 2:00 Jeopardy-A 3:15 Duolingo-C 3:45 IN2L Trivia-1	17 10:15 Breathing & Relaxation-C 10:45 Forever Fit-C 11:15 Silverstein Poems-C 2:00 Target Practice-A 3:45 IN2L Games-1	18 10:45 Morning Exercise-A 11:15 Group Crossword-A 2:00 Popcorn & a Movie-1/68
19 11:00 Catholic Service-68 2:00 Worship w/ Chapel View-C/68 3:30 Music w/ Jane-1	20 10:30 League Airs Women's Choir-C 11:15 News Update-C 2:00 Bingo-A 3:15 Book Club-C 3:45 MLK Jr. Trivia-1	21 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Stretch & Flex-A 11:20 Word of the Week-A 2:00 Music w/ Monroe-A 3:15 Java Music-C 4:00 Catchphrase-1	22 10:00 Worship-68/C 10:45 Balloon Volleyball-A 11:15 Deal or No Deal-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music-1	23 10:00 Chair Yoga-C 10:45 Java Club-C 10:45 Sit & Fit-A 11:15 Convo Catch-A 2:00 Finish That Phrase-A 3:15 Duolingo-C 3:45 Group Boggle-1	24 10:15 Breathing & Relaxation-C 10:45 Forever Fit-C 11:15 Soup for the Soul-C 12:15 Music w/ Jane-1 2:00 Card Creations-A 3:45 21 Questions -1	25 10:45 Morning Exercise-A 11:15 Positive News-A 2:00 Popcorn & a Movie-1/68
26 11:00 Catholic Service-68 2:00 Worship with Chapel View-C/68	27 10:00 Manicures & Coffee-A 11:00 Forever Fit-C 2:00 Bingo-A 3:15 Jewelry 101-A 4:00 Documentary-1/68	28 10:00 Hymn Sing-C 11:00 Men's Group-C 11:00 Stretch & Flex-A 11:20 Word of the Week-A 2:00 Let's Get Baking-A 3:15 Java Music-C 4:00 Chain Reaction-1	29 10:00 Worship w/ Howie Krienke-68/C 10:45 Table Tennis-A 11:15 Group Crossword-A 1:00 Rosary-68 2:00 Bingo-A 3:30 Piano Music-1	30 10:00 Memory Lane-L 10:45 Java Club-C 10:45 Sit & Fit-A 11:15 Lucynt Table-A 2:00 America Says-A 3:15 Duolingo-C 3:45 Brain Games-1	31 10:00 Grandfriends-A 10:45 Breathing & Relaxation-C 11:15 Forever Fit-C 2:00 Happy Hour-A 3:45 IN2L Games-1	

