April 2025



Upcoming Special Events

1st: Jazz w/ Ethan

3rd: Resident Council

4th: Jeopardy

4th: Harmonica w/ Art

8th: Spring Craft

9th: Sunshine Committee

10th: Let's Get Baking

11th: Resident Birthday Social w/ Matthew

13th: Piano w/ Jane

14th: Jewelry 101

15th: America Says

17th: Target Practice

18th: Drinks & Ink Happy Hour

22nd: Tunes w/ Ross

24th: Wine & Canvas

25th: Long Word, Short Word

28th: Muffin Monday

28th: Jewelry 101

29th: Family Feud

29th: Garden Prep

Weekly Activities

Manicures & Coffee every other Monday at 10:00a

Forever Fit every Monday and Friday at 10:45a

Bingo every Monday and Wednesday at 2:00p

Book Club most Mondays at 3:15p

Piano Tunes every Wednesday at 3:30p

Men's Group every Tuesday at 11:00 in the chapel

Rosary every Wednesday at 1:00p

Breathing & Relaxation every Friday at 10:15a or 10:45a in the chapel

Java Club every Thursday at 10:45a in the chapel

Java Music most Tuesdays at 3:15p in the chapel

Movie & Popcorn every Saturday

Worship every Wednesday and Sunday

*See the activity calendar for all times and locations

Resident Birthdays 1st: Barbara 3rd: Art 3rd: Marjorie 5th: Camille

Find us on Facebook at Chapel View Senior Health and Living!

We share videos and photos of the fun we've been having as well as upcoming events!

16th: Lorraine

22nd: Celia 25th: Patrick





Resident Council Minutes

FOOD COMMITTEE

Laura O. stated the meal for St. Patrick's Day was planned and asked all what they would like to plan for Easter. The residents agreed on ham, au gratin potatoes, sweet potato/apple casserole, a dinner roll, and banana cream pie. Sam mentioned Laura O. was leading the food portion of the meeting because Kofi had resigned the day before. They were now in the process of hiring a new chef/kitchen manager. One resident asked what happened and Sam stated it just wasn't good timing for him and it had nothing to do with the residents, facility, or other employees. He enjoyed working with the residents and there is no bad blood. While we try to fill his position, Laura O., Kelly, and Sonny will be covering his role. Laura O. mentioned she is always available for any questions or concerns. Laura asked all if there were any foods they wanted added or removed from the menu. One resident asked if caramel rolls would be an option. Laura O. stated she would look into it. Laura asked all if they were getting their snacks. A couple residents stated it was much better. The variety was back and the sign on the cart stating snacks were for residents only and encouraging them to only take one seemed to help. Sam then stated if residents want a certain snack, just ask the staff and they can get it. Laura encouraged them to ask again if the staff happens to forget! One resident wanted to express appreciation for the kitchen staff and mentioned how friendly and helpful they all are. Laura stated she would let them know. Another resident complimented the chili stating "It's to die for!" Laura stated we would keep it on the spring/summer menu.

DISCUSSION OF OLD BUSINESS

Laura stated due to the Norovirus outbreak, we had to cancel all the activities the last week of February. Many of the programs such as Cooking with Kofi and music with Mike would be rescheduled for March. We also had to cancel a couple outings; Pavek Museum and Goodwill. The Pavek Museum is scheduled for the morning of Mar. 12th and that afternoon will be an Arboretum flower show trip. There will also be a trip to the dollar store on Monday the 17th and Walmart Monday the 24th. The Goodwill trip will be made up in April. Laura asked all how they liked the chocolate chocolate chip muffins. Many stated they turned out great! Laura stated we would show Modern Marvels as well as streamed concerts as requested for Monday afternoons. Laura noted we don't like to put TV shows or videos on for activities as this is something residents can do in their own time but would continue to show them if that's what the residents wanted.

DISCUSSION OF NEW BUSINESS

Laura encouraged all to let us know if there is anywhere folks would like to go on the bus. Laura mentioned one resident wanted margaritas and Mexican food so he and his roommate went for tacos and margs. Everyone has the opportunity to do this, they just have to express interest. Laura stated we are planning on taking at least one small group to Como zoo this summer due to resident request and would love to get creative with more community opportunities. Laura invited Jessica, the new DON to introduce herself. Jessica stated she was very happy to be at Chapel View. She worked at Redeemer, a sister site of ours, for 11 years. She's still learning everyone's names and getting to know everyone and said it's been fun so far! Jessica asked anyone if they had any questions. None came forward. Sam stated this meeting is great opportunity to ask questions or bring concerns forward but noted we are available every day for any issues that may arise. Laura stated she had heard many residents wanting to get back into the Move Forward exercise and maintenance program. Laura asked all if that was something they still wanted to continue. Residents stated they wanted to get back to it. Laura asked if once per week would suffice. Many said that would be great and this was very important to them. Jessica stated this was something her and Sam spoke about and agreed to bring it back. One resident suggested Susan J. be the aide to do it. Many agreed she did a great job during the grant and would be the best fit for the role. Sam then took the floor and thanked everyone for being involved. Sam mentioned we are looking for a new chef and will be going through the hiring process with the assistance of Rico, the corporate Chef. Sam stated we have had many new hires in nursing as well so look out for new faces. Sam informed everyone that we are working hard to have the very best staff working with the residents. Sam asked if the call lights are being answered promptly. One resident mentioned it's pretty rare that the lights are answered under 10 min and that is seemed like the aides are often understaffed. Sam followed up by saying we are usually fully staffed. Sam stated, "If you are hearing that, I apologize. It's inappropriate and it's not the case." Sam then announced we are one month from breaking ground on the new building. After that, it will be about a year and a half to complete the new build. One resident asked what will happen with our current building. Sam stated it will continue to be vacant but still functioning as the apartments use the HVAC and boiler system but there are currently no plans for this building after the move. One TCU

patient asked Sam to train the staff to please not come in the room and turn off the call light and then leave. Sam stated we do ask staff not to do that and asked her to please let him know if and when that happens again. Laura asked Sam if he could bring in the renderings for the interior of the new building sometime soon. Sam stated there are plans to have a couple people from home office come do a presentation mid-May about the aesthetic of the interior of the new building. It will be for both staff and residents to see what they can look forward to. Sam brought up a common questions he has been hearing. Many are asking why there isn't a chapel in the plans for the new building. Sam stated due to it being funded by the state, we can't have any dedicated religion displayed but there will be a community room that we will use as our chapel. Sam expressed his appreciation for everyone's involvement in the meeting and advocating for themselves and asked if there were any other questions. None came forward.

OPEN FORUM

Laura stated we raised \$127 for the Valentine's Day fundraiser. That money is usually used for Bingo bucks (\$4 per week) but we raise money with the holiday card sales and sometimes a plant sale as well. Laura asked all to let her know if there is anything else the residents wanted to spend that money on. We do have a budget with flexible funds for extra events and whatnot that can also be used. Laura stated we would like to have another pizza party in the near future. One resident asked where we order the pizza from. Laura stated to get the most bang for our buck we order from Dominoes. Pizza Luce is about \$25 per pizza where we can get the same size pizza for \$9 at Dominoes. Laura stated we would still have the sushi rolling event even though Kofi would not be leading it. Laura stated we have done this two other times. Laura assured everyone there would not be raw fish. We have shrimp tempura (batter fried shrimp) and smoked salmon to put in the rolls. Laura stated our food vendor would be catering the next happy hour in April. They chose to bring soup and pie as well as protein yogurt drinks which Laura acknowledged was a strange combination but if the residents liked these items they could be offered on the menu or as a new supplement. Laura stated there would be a woman coming to do a presentation on local birds and feeders (March 13th). Laura stated we would be planting seeds for our garden and asked everyone what they would like to plant. They agreed on the following- a variety of tomatoes, cucumbers, watermelon, bell peppers, jalapeno peppers, sweet peas, radishes, green onion, chives, basil, lavender, lettuce, cabbage, zinnias, geraniums, sun flowers, marigolds, pumpkins, squash, snap dragons, and daisies. Laura stated to improve our garden this year, we will put a cage/nets over some of the produce that was eaten by squirrels last year and use a fan on the greenhouse plant babies to make them stronger for when they are transferred outside. Some of the seeds will be planted outside instead of starting in the greenhouse. Laura asked all what kind of muffins they would like to make. Residents decided on blueberry. Laura asked if there were any movie ideas or places they wanted to go. Senior Moments was suggested for a movie. Another resident asked if she could go shopping. Laura stated she could go to Walmart on Monday the 24th. Laura stated she would always provide reminders for upcoming outings. Laura asked if there was anything else to discuss, nothing came forward. Meeting Adjourned.



**** Gold Star Recipients



- * Linet, Nurse-"She is so very kind!"-1st floor resident
- **Pedro**, CNA- "He always has a way of calming me down."-1st floor resident
- **Francesca**, Nurse-"She's so caring to everyone"- 1st floor resident
- Monica, Social Services- "Her smile is contagious and it brightens my day!-1st floor resident
- Vincent, Nurse-"He has a friendly smile and makes me feel at ease" -1st floor resident
- **Emily**, Therapy- "She encourages me and her smile lights up the room!"-1st floor resident
- Carmen, Housekeeping- "She's very upbeat and always boosts my mood." -1st floor resident
- Edina, Nurse-"She is always on top of everything. We love to laugh together and she's very outgoing."-1st floor
- Jacob, Activities- "He brings me treats and always has a warm smile. He's so nice to everyone! -1st floor resident
- Karen, Volunteer- "She always talks with me and is so kind to everyone! She knows what everyone likes and really cares." -1st floor resident
- Krystal, Nurse-"We have spent a lot of 1 on 1 time together and we share smiles and laughter." -1st floor resident

Family members can give stars out too!

Contact Laura, Kristi, Shundiin or Jacob to nominate an outstanding staff member!





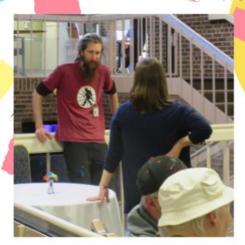
Celebrating







CHAPEL VIEW CARE CENTER



















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