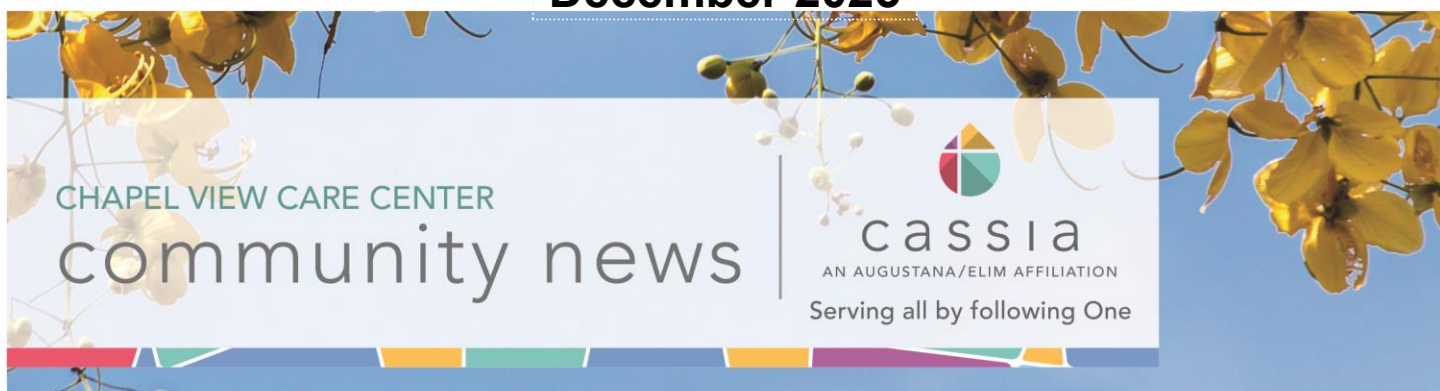


December 2025



Upcoming Special Events

2nd: Resident Council
3rd: Long Word, Short Word
5th: Catholic Communion
5th: Ann P's Retirement Party
5th: Holiday Movie
9th: Holiday Gift
10th: Sunshine Committee
10th: Wine & Canvas
11th: Chair Yoga
12th: Resident Birthday Social w/ Scott F.
14th: Piano w/ Jane
16th: Gingerbread Houses
18th: Cookie Decorating
19th: Grandfriends
19th: Holiday Craft
20th: Traveling Carolers
22nd: Muffin Monday
22nd: Holiday Harmonica w/ Art
23rd: Holiday Tunes w/ Bill
23rd: Charlie Brown Christmas
24th: Christmas Service
26th: Piano w/ Jane
26th: Christmas Movie
30th: Seasonal Tasting
31st: Jingle & Mingle Happy Hour

Weekly Activities

Manicures & Coffee every other Monday at 10:00a
Exercise Groups Monday-Saturday at 10:45a
Bingo Mondays and Thursdays at 2:00p
Book Club every other Monday at 3:15p
Jewelry 101 every other Monday at 3:15p
Men's Group Tuesdays at 11:00a
Java Club Tuesdays at 3:15p
Worship Wednesdays and Sundays
Rosary (Streamed) Wednesdays at 1:00p (on 68)
Piano Tunes Wednesdays at 3:30p
Travel Club Wednesdays at 4:30p
Melody Masters most Thursdays at 3:15p
Group Meditation Fridays at 10:15a
Movie & Popcorn every Saturday

**See the activity calendar for all times and locations*

● ● ●
Find us on Facebook at
Chapel View Senior
Health and Living!

We share videos and
photos of the fun we've
been having as well as
upcoming events!

● ● ●

Resident Birthdays

9th: Aldoza
22nd: Lois
23rd: Muriel
28th: Bill



Resident Council Minutes

FOOD COMMITTEE

Alex shared some updates about staffing in the kitchen. There are two new staff members, Lorena and Cole. Lorena is a cook and a server, and Cole is a culinary assistant. Alex asked the group what they are thinking of the fall/winter menu, since it has been about two months since it started. A couple residents shared that they are enjoying it. One resident shared that the spinach today was over cooked. Next Alex asked what the residents would like to eat for the Thanksgiving meal. Residents agreed on turkey, sweet potatoes, green bean casserole, cranberry sauce, and pumpkin cheesecake. Pecan pie and pumpkin pie will be served the following Sunday to help please everyone. One resident shared that the dietary staff do an amazing job. Alex agreed and said he would let his staff know.

DISCUSSION OF OLD BUSINESS

Laura asked what the residents thought of the Halloween party, and positive comments came forward. A few residents agreed that it was fun seeing staff dressed up! Laura shared that the new IN2L monitor has still not arrived yet. We have been without it for almost three months, and it should be here soon. Laura stated that we took a couple trips to the arboretum last month but did have to cancel one due to the covid outbreak. The trip to Goodwill also had to be cancelled. Laura mentioned that grand friends with the Alice Smith 3rd graders had to be postponed to November because of covid, but they will be visiting two times in November! When they come to visit, it will be at 1:30p, so our afternoon activity will be pushed to 2:30p. In October, we were supposed to make pumpkin chocolate chip muffins, but that was canceled because of covid. We will be making those muffins at the end of November. Laura asked what the residents thought of the Halloween happy hour drinks. Positive comments came forward. Laura reminded the residents that activities will be offered 365 days a year. On holidays, one activity staff will be here for half the day. On Thanksgiving, there will be morning exercise and brain games offered before lunch.

DISCUSSION OF NEW BUSINESS

Sam shared that there has been a lot more work getting done at the new build. They are working on the steel and soon will be adding the walls. When all the walls are put up, they will start working on the inside. The new building is still on schedule, and we should still be moving in December of 2026. He stated that everyone will have their own room, and most will have a private bathroom. Sam also shared that Jessica, DON is back. She had taken a month off to have some personal time with her family. She is excited to be back at work! Sam stated that Laura, long-term clinical nurse manager, accepted a DON position at a different Cassia site. Christine, who used to work at Chapel View before going to work at Cassia corporate, is back! She came back earlier this year as the Assistant DON and is now going to be covering the long-term clinical nurse manager position until we hire someone. Sam said that they are in the process of hiring for that position. Sam stated that there is a new Director of HR. Her name is Grace, and she is doing a great job! Sam mentioned that we will be having a retirement party for Ann, the Director of Environmental Services. She has worked at Chapel View for 46 years! The party will be on the 5th of December at noon. Laura jumped in and said that the residents would be giving her a gift basket! Laura stated that she had already purchased one resident's book on retirement. She also asked the residents if they had any other ideas for the basket. No ideas came forward. Laura said that there is over a month to think about it. Sam reminded everyone that if you ever need anything or have any concerns, to reach out to him. Laura talked about upcoming outings such as the arboretum, and the Asia mall. Laura also mentioned going to Walmart, Goodwill, Minneapolis Institute of Art and the Science Museum in December. If there is any place you would like to go, please let the activity staff know. Laura asked the residents if there was anything they would like to do to celebrate New Years Eve. She mentioned doing a happy hour, like we did last year. Positive comments came forward.

OPEN FORUM

Laura shared an update about the covid outbreak and wearing masks. She stated that long term care was covid free, but as a precaution we will be wearing masks for two more days. (We are officially covid free as of 11/7)!

Laura asked the residents if they would like to know when another resident passes away when it happens, instead of having to wait for the newsletter at the end of the month. Multiple residents voiced that they would like to know. Laura shared with the group that in the past week two residents, who were very involved in activities, passed away. Laura mentioned that away we can honor those residents and keep other residents informed is by bringing back the procession of honor. One resident asked what needs to be done to bring back the procession of honor. Sam said that he will work to make bringing back the procession of honor a priority. One resident shared that she is having noise issues with her roommate. Laura asked the group if they had any advice for handling roommate conflicts. No ideas came forward. Laura shared that social services and other staff are here to help with roommate conflicts. Laura informed the residents that the resident who has the issue with their roommate is the one that will have to switch rooms. Kristi asked the residents if they liked all the activities being offered. Positive comments came forward. Laura asked if there were any activities that needed to be adjusted. No comments came forward. Laura joked about stopping bingo. The residents protested immediately! Laura started talking about the special activities we will be doing in December, like the family gift. The residents shared different ideas but said they would keep thinking about it.



Dwight East
10/9/1949-11/1/2025

Celia Weitzman
4/22/1935-11/4/2025

Betty Phaneuf
3/14/1937-11/9/2025

John "Jack" Stepanek
8/20/1939-11/13/2025

Becky Elston
12/24/1964-11/20/2025

Cassia Update

Dear Families and Friends

We wanted to take this opportunity to share some guidelines and suggestions about celebrating the holidays in our community. The holidays present many opportunities for families to spend extra time, visit, decorate, and bring gifts to their loved ones and sometimes the community at large. These special interactions are so important to residents and very much affirmed by staff. We do want to give you a few guidelines however to ensure that safety concerns for all residents are observed.

Decorations

Only UL listed decorations should be displayed in resident rooms, we request no large floor items in skilled care rooms, and no lights hung on curtains, furniture etc. If your resident or their roommate has memory, loss please consider plants that are safe if touched or accidentally ingested. No live trees or wreaths can be hung/displayed in resident rooms. If you have any concerns or questions about decorations, please check with Sam, Administrator, before displaying them.

Food Items

Please do not give food to other residents without checking with staff for any possible allergies or other food restrictions this is very important as some residents have strong reactions that could result in hospitalization related to their diet restrictions. If you are leaving food for a family member, please make sure it is in an airtight container and properly stored by temperature and use by date.

Gifts

We would ask that you avoid gifts that have any type of heating, or cooling affect such as heated blankets, socks, aromatherapy products etc. If you are giving your resident a gift that has an electrical connection (iPad, new phone charger, alarm clock) please ensure it is inspected by our Maintenance Department and has an appropriate power receptacle in the room for its use.

If you would like to give gifts to other residents please check with staff to avoid any possible related safety issues. You can also check with the Activity Department about possible gift needs for the community.

As a reminder staff **cannot** accept gifts, or gratuities of any kind so please do not offer in any way. If you would like to honor the staff with a gift, a community fruit basket, box of candy, and magazine subscription for the breakroom are good examples of a gift that could be enjoyed by the entire community.

Thank you so much for being an important part of your family member's life at this special time of year. We wish you a wonderful holiday season and thank you for your continued support of our community



Gold Star Recipients



***Annie, CNA-** "For being able to convince a resident to let her do her nails and they look great!! We have been trying for weeks!"- Therapeutic Rec

***Francesca, Nurse** "She has played a transforamtive role in my recovery and everything runs smoother when she's in charge!" – 1st floor resident

Family members can give stars out too!

Contact Laura, Kristi, Shundiin or Jacob to nominate an outstanding staff member!



Employee of the Month is Abby B., TCU RN!

Abby started in September and has already stepped up to the plate and made a huge difference! We are very lucky to have her on our Chapel View team. Keep up the great work Abby!





HAVE A GREAT
FAMILY RECIPE?

**SEND IT TO LAURA &
WE WILL BE THE
JUDGE!**

Family Recipes

Crazy Cake





FALL CRAFT





TURKEY BOWLING











Wine & CANVAS



cassia

AN AUGUSTANA/ELIM AFFILIATION

community news

CHAPEL VIEW CARE CENTER





Resident Birthday SOCIAL







Card Creations



